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Celebrity Pg 30

Minnie Driver gives birth to a boy

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JEFF HODSON/METRO VANCOUVER

Gus Knobbe stands outside Halu Sushi in Maple Ridge yesterday where his nephew and niece were injured Aug. 28 when a truck crashed through it. His nephew Joel Corbin, 9, inset, suffered severe brain damage in the incident and is semi-conscious.

Boy brain damaged

Family says boy hit in restaurant was 'happy, lively'

JEFF HODSON
jeff.hodson@metronews.ca

A nine-year-old boy suffered severe brain damage and remains in a semi-conscious state after being struck by a truck that plowed through a busy Maple Ridge sushi restaurant, his family said yesterday.

Joel Corbin, 9, suffered a fractured skull and damage to his frontal lobe and right eye. The full damage will not be known until he regains consciousness.

John Finley described his nephew as full of life, a boy who loved skateboarding and hanging out with his grandfather.

Pictures of victim Joel Corbin.

"Joel was a very happy, lively, busy boy who went from morning to night nonstop," Finley said. "Just watching him would tire you out."

On Aug. 28, Joel was at Halu Sushi with his sister Juanita, 17, and her friends. The group was leaving when the pickup crashed through the front, striking Joel and dragging him beneath it. A 16-year-old boy pulled Joel from beneath the truck and remained with him until ambulances arrived.

"Who could believe that a dinner out with his sister Juanita and her friends could have ended in such a tragic event that has changed so many people's lives?" Finley said.

Juanita suffered a broken cheekbone, nose, and fingers and has been released from hospital.

Two women, Maija-Liisa Corbet, 19, and Hyeshim Oh, 46, were killed. Brian Craig Irving, 51, has been charged with two counts of murder and six counts of attempted murder.

Joel was transferred Monday to the Sunny Hill Health Centre for Children in Vancouver.

His parents have not left his bedside.

Corbet service

- The funeral for Maija-Liisa Corbet is scheduled for today in Burnaby.

ShareYourViews
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Election 2008

Suzuki: Greens let parties slack off on environment

POLITICS David Suzuki, Canada's most prominent environmentalist, said yesterday he'd like to see the end of the one political party that puts the environment at the centre of all its policies.

"I can't wait until there is no Green party," Suzuki said he told its leader, Elizabeth May.

"As long as there's a Green party, the implication is that the Greens somehow have a stranglehold on this issue; they're the ones that worry about the environment so the other parties can worry about other things. I don't think it's a ghetto subject."

Part of the battle ahead is educating voters and politicians that protecting nature isn't just a nice thing to do, but it produces real economic benefit, Suzuki said. TORSTAR NEWS SERVICE

Election 2008 pg 7

- May to fight TV snub
- Harper not a veggie
- NDP draws forestry fire

Workology pg 12

Avoid errors in biz startup

Witness to fire woken by screams, court hears

ARSON The witness to an arson that killed an East Vancouver family woke to the sounds of children screaming and ran out in her underwear to try to save them from the burning home.

The woman, whose identity is protected under a court order, yesterday described alternately screaming at stunned neighbours to help, and to the children to jump from their window.

She testified in the B.C. Supreme Court trial of Nathan Fry, 20, who is charged with lighting the fire that killed four members of the Etibanko family and a friend in May 2006.

The Crown claims he torched the home because Bolingo Etibanko, the only person who escaped, told police Fry was responsible for two recent stabbings.

The witness cried as she described trying to kick the door down and pleading with the terrified children, who were friends with her daughter, to jump.

"I could hear the children screaming my name," she said. "I was so desperate."

She said her hands and feet cut as she tried to climb through a broken window.

"I ran to (my) building and … tried to break into the fire extinguisher, then ran back to the house."

A friend pulled her kicking and screaming from the home just before it exploded. KRISTEN THOMPSON/ METRO VANCOUVER

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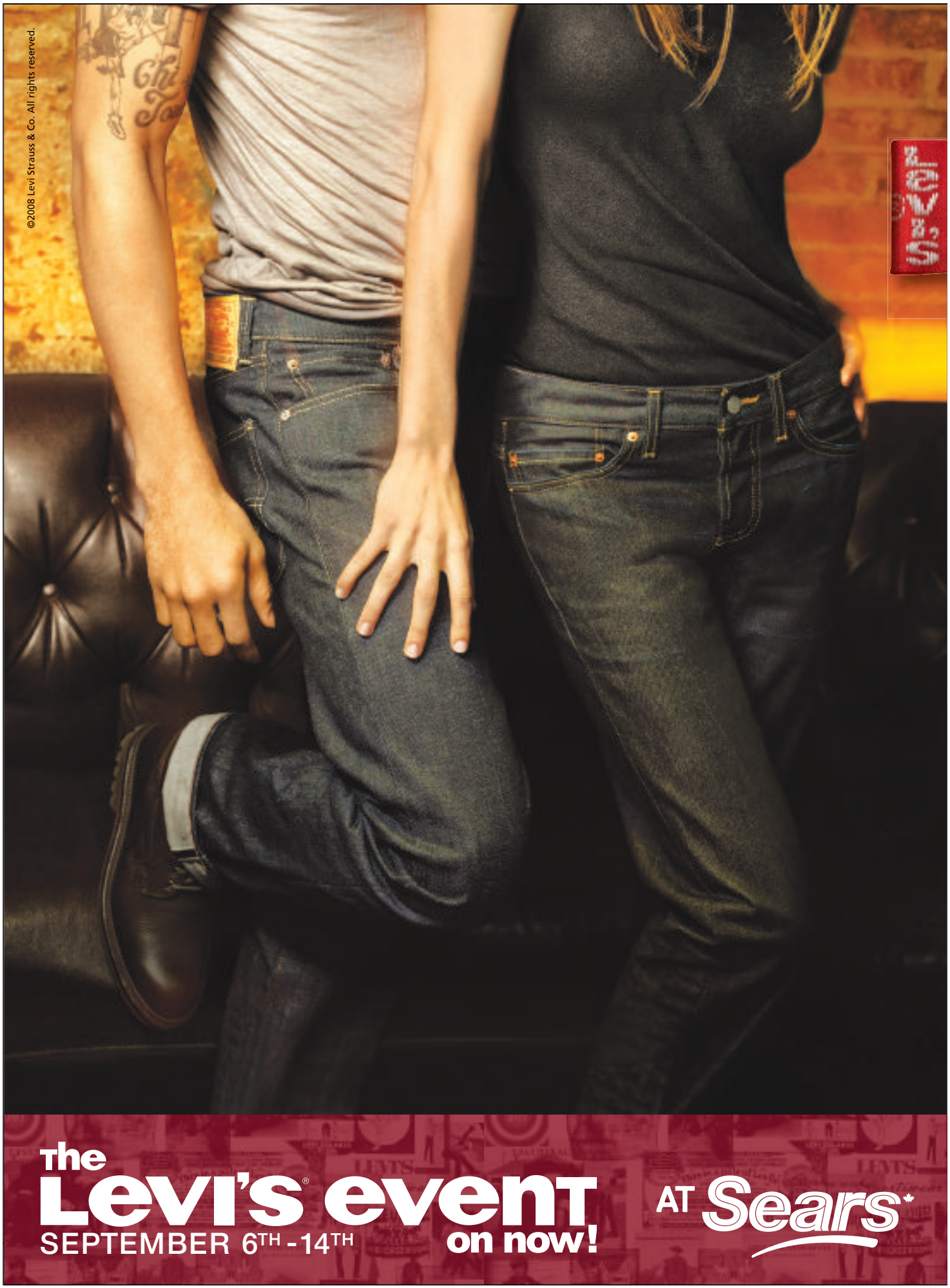
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Trash talk
COPE Coun. David Cadman is suggesting charging homeowners more for garbage collection. Cadman cites increased trash volume and the need for incinerators as the Cache Creek landfill runs out of room. **CKNW.COM**

Local

Bike bidding

An all-bicycles police auction is taking place for the first time this weekend after more than 500 stolen bikes were recovered by the Vancouver Police Department. They go under the hammer Saturday in Coquitlam at the Able Auctions Warehouse, 1500 Lougheed Highway. A selection of bikes can be viewed online at ableauctions.ca. **METRO VANCOUVER**

News in brief

COURT A Victoria-area man wants to go to court to keep his pet tiger after municipal council banned exotic animals, CBC News Online reports. David Bennett brought a two-year-old tiger to live on his Highlands property.

BOATING An unmanned yacht broke anchor and ran aground on Kits Beach yesterday, news1130.com reports. Rescue teams could not move the ship before locating its owner.

VANCOUVER School trustee Ken Denike has been diagnosed with colon cancer. His prognosis is good.
METRO NEWS SERVICES

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Creative crime solutions

New downtown court based on U.S. model

KRISTEN THOMPSON
kristen.thompson@metronews.ca

A new provincial court opens its doors in the Downtown Eastside today, offering an innovative approach to curbing the cycle of poverty and drug addiction that fuels crime in Vancouver.

The Downtown Community Court, which is modelled after a similar system in the U.S., aims to determine why offenders commit crimes, and instead of punishing them, help them overcome those problems.

"This is perhaps the most creative thing to be done in the criminal justice system in the 35 years that I've been here," said British Columbia Attorney General Wally Oppal.

He said prison is a revolving door for criminals who are driven by addiction or mental health problems.

"Should we process those people in the conventional way, send them to jail?" Oppal said. "We all know what happens – they come out worse and become repeat offenders."

Provincial Court Judge Thomas Gove said defendants in the court can either plead not guilty and go to a traditional court, or plead guilty and enter the community court system.

Addiction and mental health counsellors will determine why each defendant committed their crime and judges can hand down sentences ranging from community service and mandatory rehab to jail time.

RAFE ARNOTT/METRO VANCOUVER

Judge Tom Gove gives a tour of the new community courts on the Downtown Eastside yesterday.

The NYC way

- When New York opened its community court in 1994, property crime in Manhattan dropped 60 per cent and Brooklyn's homicide rate dropped 50 per cent.

Man banned from using transit

PUBLIC TRANSIT A man has been banned from riding the bus and Skytrain after threatening to kill fellow passengers and their children while drunk.

According to RCMP, Shirwa Shirwa, 42, is prohibited from using public transit if he has consumed alcohol in the preceding 24 hours.

Shirwa was released from custody Saturday, after being arrested in June on a bus at the Surrey Loop. **METRO VANCOUVER**

Three escaped convicts back in jail

TRANSIT Police have arrested the last of three men who escaped from the Fraser Regional Correctional Centre in July, Ridge Meadows RCMP announced yesterday.

Robert Clarey, 42, was chased down and caught after being seen in Maple Ridge. He escaped from a work crew July 25.

The other two were arrested in Maple Ridge and Vancouver. **METRO VANCOUVER**

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Date announced for Juno Awards

The 2009 Junos will be broadcast from GM Place on March 29. Leading up to the awards show will be four days of concerts and parties. METRO VANCOUVER

Vision, COPE co-operate

JEFF HODSON
for Metro Vancouver

A co-operative slate of Vision and COPE candidates 'entrenches' Vision Vancouver on the left of the political spectrum and could threaten the city's relationship with senior levels of government, the mayoral candidate for the NPA said yesterday.

Pending ratification on Sunday, COPE announced Monday that it will support Vision mayoral candidate Gregor Robertson and share a slate for city council, and school and park board.

Non-Partisan Association Coun. Peter Ladner said he is concerned that COPE's "NDP agenda" could threaten the city's close relationship with the provincial government, as well as funding for social housing, addiction and mental illness treatment, transportation, and public safety.

Coun. David Cadman

COPE Coun. David Cadman said both parties share a stance on homelessness and the city's Four Pillars drug strategy — as well as a desire to displace the NPA.

"It's a recognition of what the voters have been telling us," said COPE Coun. David Cadman. "They wanted us to work together."

letters

Mayencourt no help to gay community

Re: "Mayencourt aims for federal post." During our battle in the courts to obtain the right to marry, Lorne (Mayencourt) met with most of our group one evening. He claimed that most in the gay community that he had spoken with supported RDPS (Registered Domestic Partnerships). As this would have kept us on the outside looking in and we would have remained second-class citizens, we rejected his arguments and showed him the door. Mayencourt would offer little help to our community if he were to be elected as a Conservative. He would be just another token for Harper and company to use at their whim. LLOYD AND BOB PEACOCK, VANCOUVER

Re: "Mayencourt aims for federal post." (Lorne) Mayencourt, you are being used. The Tories are as gay-friendly as Jerry Falwell. Thanks to (Premier) Gordon Cambell and his "rich only" policies, I can't vote for the Libs either. I'm not sure about the NDP, but at least they'll set the minimum wage to something livable in Canada. JAY MEYER, VIA E-MAIL

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Tory candidate revealed as member of Opus Dei

A Conservative candidate running in a Montreal South Shore riding is a past spokeswoman and current member of Opus Dei, a secretive Catholic organization. Nicole Charbonneau Barron, who is running for the Tories in Saint-Bruno-Saint-Hubert, is an active member of the ultra-orthodox society, the Tories confirmed yesterday. SOURCE: CBC NEWS ONLINE

Canada

"He has a huge rolodex ... and his experience on the Olympic bids is invaluable."

An insider speaking about David Peterson, right, who is expected to chair Toronto's bid for the 2015 Pan Am Games.

Pan Am

Former Ontario premier David Peterson will today be named chair of Toronto's bid for the 2015 Pan Am Games, Torstar News Service has learned.

TORSTAR NEWS SERVICE

Conservatives drop bird-poo ad

Stephen Harper quick to apologize for Tory website

Election 2008

The Conservative Party has removed an image of a puffin dropping bird poo on the shoulder of Liberal leader Stéphane Dion after complaints that it was a bit too much of a dirty trick.

A Conservative campaign site, www.notaleader.ca, showed an animated puffin flying across the screen and plopping a white blob on Dion's suit.

"It was in poor taste, and was removed as soon as it came to the attention of senior campaign officials," said Harper spokesman Kory Teneycke.

Stephen Harper was quick to apologize and the Conservatives changed the graphic so that the puffin just flies by Dion without dropping anything.

Dion accepted Harper's apology and declared: "This is saying more about them than about us."

It was Harper's first gaffe in a campaign that analysts have so far called a tightly controlled machine. REUTERS

LIBERAL PARTY HANDOUT/REUTERS

A Conservative website shows an animated puffin flying across the screen and plopping a white blob on the shoulder of Liberal leader Stéphane Dion yesterday.

Former PMs agree on climate-change action

Election 2008

POLITICS Barely two days into the federal election campaign, four former prime ministers have joined a group of Canadians demanding immediate action on climate change, CBC News Online reports.

The group — composed of business people, environmentalists and academics — is calling itself Canadians for Climate Leadership, and will release a document next week entitled Time To Get Serious on Climate Change. The document has been signed by four former prime ministers, Joe Clark and Kim Campbell, both Progressive Conservatives, and Liberals Paul Martin and John Turner. METRO NEWS SERVICES

Report calls for...

- The report calls for a $30-a-tonne price tag on emissions, and says a "staggering" investment in green technologies is required.

News in brief

FOOD A pilot project is being launched in four Ontario high schools with Food Network cooking show host David Rocco to get kids cooking healthy foods. Rocco is developing 16 healthy recipes that focus on nutrition and the importance of buying locally grown food. TORSTAR NEWS SERVICE

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Harper vows to cut diesel, aviation fuel taxes
Prime Minister Stephen Harper promised yesterday to slash taxes on diesel and aviation fuel to two cents a litre from four cents if re-elected, taking direct aim at Stéphane Dion's proposed carbon tax. REUTERS

Election 2008

CHRIS WATTIE/REUTERS

Prime Minister Stephen Harper speaks during a campaign stop yesterday at a vegetable warehouse in Winnipeg.

Rooting out the issues

Prime Minister Stephen Harper, often criticized for being wooden and humourless, sidestepped what could have been a prickly political question yesterday at an election whistle stop at a vegetable warehouse.

"If you were a vegetable, what type of vegetable would you be?" a local television reporter asked Harper amid hoots of laughter from other reporters.

Harper appeared to gaze at the neatly piled vegetables behind him as he searched for a reply.

"You know, I really don't know how to answer that question. I've never been asked that question before, and I have a feeling that I can't win by answering it," he said. "Let me say this. I would choose, if I had to, instead to be a fruit. Just what I am: Sweet and colourful." REUTERS

Greens fighting snub

May vows to battle for spot in debates

PAUL MCLEOD
paul.mcleod@metronews.ca

The Green party is still fighting to get into the leaders' debates, but the Conservatives and NDP stand in their way.

Green party Leader Elizabeth May was shut out of the debates by a consortium of TV broadcasters, which said other party leaders refused to participate if May was allowed to speak.

Liberal Leader Stéphane Dion has called for May to be included in the debate and Bloc Québécois Leader Gilles Duceppe backed off yesterday by saying he would take part either way.

But Prime Minister Stephen Harper and NDP Leader Jack Layton remained steadfast. They said it would be a second voice for the Liberals because of May's comments supporting Dion and the fact the Liberals are not running a candidate against her in the Nova Scotia Central Nova riding.

"The idea that there's some kind of broad coalition with the Liberals is nonsense," said May. "We're running in 306 ridings across Canada where we are trying to defeat Liberals and Liberals are trying to defeat Greens."

May said she wanted to use the debates as a way to expand on the Green party's platforms other than the environment — such as fiscal responsibility and tax reform.

But an NDP spokesman told Metro News that May should not be allowed in the debates because of her comments supporting the Liberals — period.

"If Ms. May endorses Stéphane Dion for prime minister she can't be in this debate," said press secretary Ian Capstick.

"Her position will be represented in the debate. Sure, if Dion wants to give up his spot for his deputy leader or his coalition partner Ms. May, no problem. We'll take her in the debate."

Capstick said May wouldn't bring anything to the debate because the Green party is a single-issue party. When told of May's earlier comment about wanting to talk about various issues, he only repeated his statement:

"The Green party is a single-issue party."

Tough battle

- On legal turf, May faces a tough battle to challenge her exclusion. Charles Dalfen, a former chair of Canada's broadcast regulator, the Canadian Radio-television and Telecommunications Commission, said May has no legal right to equal air time in the biggest media event of the campaign.

TORSTAR NEWS SERVICE

NDP

Workers say they were duped

MEETING Laid-off forestry workers said they were misled by a union official when they attended NDP Leader Jack Layton's town hall meeting in Thunder Bay yesterday. Five members of the Canadian Energy and Paper Workers union told reporters they were told it was going to be a meeting about benefits. TORSTAR NEWS SERVICE

News in brief

CONCEPT The Liberals' Green Shift environmental plan has often been criticized as too complicated to sell to the public. So party leader Stephane Dion says he wants to simplify the concept. "It's very simple: I will give you the Liberal plan in six words," Dion now says. "Cut Income Taxes. Shift To Pollution."

TORSTAR NEWS SERVICE

34 days remain until the 2008 Canadian federal election

Keep Alaska gas in U.S., senator says

A U.S. senator has asked the Energy Department to revoke a recent order authorizing energy companies to export liquefied natural gas from Alaska. Democratic Sen. Ron Wyden of Oregon said that with Americans forecast to pay 22 per cent more for natural gas this winter, those supplies need to stay in the U.S. market. REUTERS

World

Chided for chaining

European anti-torture investigators said yesterday Macedonia should stop chaining up its prison inmates and do more to fight corruption in its jails. Human rights watchdog the Council of Europe asked the former Yugoslav republic to confirm within a month that chains are no longer used, and follow other recommendations. REUTERS

McCain swaying white women?

U.S. presidential candidate Barack Obama brushed aside a survey released yesterday that showed him losing support among white women voters to John McCain since Sarah Palin was named his running mate.

A Washington Post/ABC News survey found most of McCain's recent surge in the polls was due to a big shift in support among white women voters.

The poll found the race for the White House is a virtual tie, with Obama at 47 per cent support of registered voters and McCain nat 46 per cent.

Obama held an 8 percentage point lead among white women voters in August. But after the Republican convention, McCain was ahead by 12 points among white women, 53 per cent to 41 per cent.

"There is no doubt that Governor Palin attracted a lot of attention this week."
Barack Obama

"There is no doubt that Governor Palin attracted a lot of attention this week," Obama said. "What we're going to have to do is to see how things settle out over the next few weeks when people start examining who's actually going to deliver on the issues that people care about." REUTERS

Guatemala **'I have dignity'**

REUTERS/DANIEL LECAIN

A woman participates in a protest against "femicide", the systematic killing of women, in Guatemala City yesterday.

News in brief

STORM Hurricane Ike moved into the Gulf of Mexico yesterday after causing as much as $4 million in damage in Cuba this weekend. The storm appears to be heading away from the area's oil fields.

IRAQ All but a handful of 29 U.S. allies in Iraq will pull out of the war over the next 90 days, officials said. About 8,000 U.S. troops will leave by February, with further pullouts up to the next U.S. president. REUTERS

Nations back Obama: Poll

ELECTION Barack Obama may be struggling to nudge ahead of John McCain in polls at home, but people around the world want him in the White House, a BBC poll says.

All 22 countries in the poll would prefer to see Obama elected president ahead of McCain. And in 17 of the 22 nations polled, people expect relations between the U.S. and the rest of the world to improve if Obama wins.

More than 22,000 people were questioned by pollster GlobeScan in countries across Africa, Europe and South America.

The margin in favour of Obama ranged from 9 per cent in India to 82 per cent in Kenya, while an average of 49 per cent preferred Obama compared with McCain's 12 per cent. REUTERS

Russian ship Caribbean-bound

MOSCOW Russia said on Monday it would send an armed, nuclear-powered ship to the Caribbean for a joint naval exercise with Venezuela.

Russian officials denied the mission was linked to a standoff with U.S. ships in the Black Sea. Moscow has criticized the U.S. for sending vessels to Georgia to deliver aid after Georgia was occupied by Russian troops.

A spokesman said the November mission would include the battle cruiser Peter the Great, one of the world's largest warships, among other vessels. REUTERS

CERN collider project begins with a bang

SCIENCE Physicists at a vast complex near Geneva launch a 20-year project today to to try to explain the origins of the universe.

Using a giant machine called the Large Hadron Collider at the CERN research centre on the Franco-Swiss border, they plan to create tiny re-enactments of the Big Bang.

The collider will use huge magnets to fire energy particles around a 27-kilometre tunnel where they will collide at close to the speed of light. Computers will record what happens each time, and the information will be analysed by some 10,000 scientists.

CERN scientists have denied suggestions that the project could create tiny black holes that could suck in the whole planet. REUTERS

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Florida orders State Farm to refund $120 million
State Farm must issue $120 million worth of credits or refunds to policyholders who did not receive state-mandated discounts for strengthening their homes against wind damage, Florida's insurance commissioner ordered yesterday. REUTERS

Business

McDonald's sales up

McDonald's Corp. said global sales at restaurants open at least 13 months rose by 8.5 per cent in August, exceeding expectations. Sales were helped by growth in Europe and an Olympics advertising blitz. REUTERS

Housing starts rise 13 per cent

Canadian housing starts rebounded in August, beating expectations, but some economists cautioned against reading too much into the number since it followed a weak reading in July.

Housing starts rose 13 per cent in August to a seasonally adjusted annualized rate of 211,000 units from 186,500 units in July, the Canada Mortgage and Housing Corp. said.

The bulk of the gain, which topped the consensus analysts' expectation for 195,000 starts, was in Ontario, where there was an 81 per cent jump.

The government-owned CMHC attributed the surge to multiple-unit starts, which shot up 25.2 per cent to 114,700 units following a 20.2 per cent slide in July.

But some experts said since the bounce back in housing starts followed weakness, it doesn't mean that Canadian housing activity is buoyant. REUTERS

San Francisco **Apple rocks out**

ROBERT GALBRAITH/REUTERS

Apple Inc. CEO Steve Jobs (left) and musician Jack Johnson pose after Apple's "Let's Rock" media event in San Francisco, where Jobs introduced new versions of the popular iPod.

Business in brief

WESTJET The Canadian Auto Workers union said it has begun preliminary talks to unionize employees at WestJet Airlines Ltd., which has attributed part of its success to a non-union workforce.

GAS Devon Energy Corp.'s properties in the Horn River shale gas region of northeastern British Columbia could hold as much as 8 trillion cubic feet of natural gas, the company said. REUTERS

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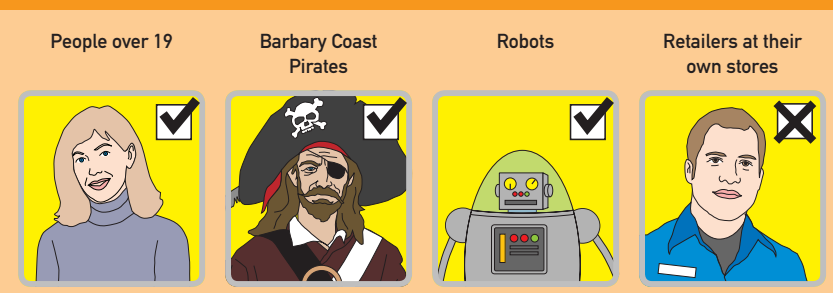

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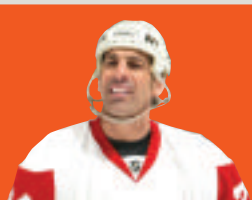
CFL
The Winnipeg Blue Bombers acquired star linebacker Zeke Moreno from Hamilton yesterday. The Bombers also got a conditional draft pick in the deal, while sending the Tiger-Cats a first-round pick in 2009 and the rights to lineman Corey Mace. METRO NEWS SERVICES

Sports



Chelios back for one more

The Detroit Red Wings and Chris Chelios made it official yesterday, as the eternally-young defenceman signed a one-year deal allowing him to return for a 25th NHL season. The 46-year-old Chelios, left, had three goals and 12 points in 69 regular-season games for the Wings in 2007-08.
Metro News Services

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Argonauts bring back 'The Don'

Matthews overcomes debilitating anxiety woes to make return as CFL head coach

Don Matthews knew it was pretty much over for him after his Montreal Alouettes nosed the Bombers 23-20 in Winnipeg.

The date was Sept. 29, 2006, and marked both his record 357th game as a head coach in the CFL and his record 231st win. They were also his last of each.

Friday night at the Rogers Centre, it'll be Matthews at the Toronto Argonaut tiller for a third time.

Now 69, but hearty and hale once again, Matthews was re-introduced yesterday as Argo head coach, stepping in for the beleaguered Rich Stubler, who was dismissed with a 4-6 record in his first season at the helm.

About the first thing Matthews did with his turn at yesterday's mike was to clarify why he abruptly resigned from the Alouettes, from his 30 years in the CFL, some five days after that Winnipeg win — but with four games left in the regular season.

The reason: crippling anxiety.

"It was debilitating," said Matthews. "I couldn't go out of the house. When I did, I wanted to hurry and get back in. When I talked to the team about it, I could hardly speak. And it wasn't just football, it was everything. I was such a mess."

The Als were off to a 7-0 start when Matthews first informed management of his progressively worsening condition.

"We went six more weeks and it got worse," said the former Lions coach. "They called it a 'performance anxiety.' At the end, I could not put myself on the field."

The win in Winnipeg was the kicker.

"That's when I knew I was in trouble," Matthews recalled. "That was my worst anxiety. In that one, I'd faked a punt and got a first down. I faked a field goal and got a first down, then a touchdown.

"If you know how I lived on the football field — faking punts and blitzing and stuff like that — I mean, those are some anxious moments. So part of my style probably contributed to the anxiety."

Five days after that win, Matthews disappeared, as he'd always said he wanted to, "in a puff of smoke."

He retreated to Oregon, setting up shop with not-yet wife Stephanie, whom he'd met in Montreal, and her son Blaze, now 4.

He also ran into another doctor, new medication. In five weeks, he knew the anxiety attacks were gone. He reckons he's been in the clear for a year and a half.

"The thing is, I was happy with my career," he said. "I really felt I had done enough. I had no regrets. I really felt good about it."

Then the Argos called.

"I think I would have been hard-pressed to come back if it wasn't for this group of people (and here, he mentioned Argo GM and good friend Adam Rita, and team CEO Mike Clemons), I'm not sure if this would have happened." TORSTAR NEWS SERVICE

COLIN MACONNELL/TORSTAR NEWS SERVICE

Don Matthews, the CFL's all-time leader in coaching victories with 231, was all smiles as he was re-introduced to the media yesterday as the new head coach of the Toronto Argonauts.

5 The number of Grey Cup rings Don Matthews has earned as a CFL head coach, including 1996-97 with the Toronto Argonauts. He has five more as a co-ordinator with the Edmonton Eskimos. TORSTAR NEWS SERVICE

B.C. Sports in brief

CFL Expect Charles Roberts to make his Lions' debut this Saturday when B.C. plays host to the Saskatchewan Roughriders. Roberts was wearing his familiar No. 1 at practice yesterday and was also returning kicks, a duty that he is expected to share with Stefan Logan this weekend. That means last year's CFL Special Teams Player of the Year, Ian Smart, is the odd man out as the Leos try to figure out which running backs/returners will give them the best chance to win.

NHL Pavol Demitra hopes Alain Vigneault will turn over a new leaf this season — at least as far as line juggling is concerned. The recently acquired Canucks' forward says he's not a fan of changing linemates on a frequent basis, something Vigneault has done consistently over the past two seasons. Demitra also says he doesn't mind playing centre so long as the position isn't used as a third defender rather than as an attacking forward.
SCOTT RINTOUL/METRO VANCOUVER

Lance Armstrong confirms return to Tour de France

CYCLING Lance Armstrong is coming out of retirement in 2009 to raise awareness about cancer, the seven-time Tour de France winner said yesterday.

Armstrong

Armstrong had been linked with a return to the peloton for weeks and the 36-year-old American made it official in a video blog on his website.

"After long talks with my kids, the rest of my family, a close group of friends, I have decided to return to professional cycling in 2009," he said.

"The reason for this is to launch an international cancer strategy based on the fact that we lose eight million people around the world to this disease — more than AIDS, malaria and tuberculosis combined."

A survivor of testicular cancer, Armstrong will race in the Tour de France, the Amgen Tour of California, the Paris-Nice, the Tour de Georgia and the Dauphine-Libere, cycling journal Velonews reported, citing anonymous sources.

Armstrong did not reveal his plans and said he would unveil them on Sept. 24 in New York City.

He told Vanity Fair magazine he was "going to try and win an eighth Tour de France."

Armstrong told Vanity Fair on its website that finishing second in a mountain-bike race in Leadville, Colorado this year triggered his desire to return to competitive cycling. REUTERS

NBA

Los Angeles Lakers star Kobe Bryant, right, has decided to forgo surgery on his right pinkie. After seeking numerous opinions from hand specialists, Bryant expressed that he did not want to miss any time on the court when Lakers training camp opens later this month. METRO NEWS SERVICES

Jays streaking in September

Toronto sweeps double dip to extend winning run to 10

Blue Jays 3 White Sox 1

Blue Jays 8 White Sox 2

Marco Scutaro, Scott Rolen and Vernon Wells homered as the Toronto Blue Jays clobbered Chicago 8-2 last night sweeping a day/night doubleheader from the White Sox and winning their 10th game in a row.

The losses by Chicago, combined with Minnesota's 7-2 home win over Kansas City, left the White Sox with a one-game lead on the Twins for first place in the AL Central.

Also, the injury bug bit hard for the White Sox, as first baseman Paul Konerko was helped off the field in the fifth inning with a sprained medial collateral ligament in his right knee. The White Sox said it was a mild sprain, and that X-rays were negative. Konerko will have an MRI today.

After being shut down by A.J. Burnett in a 3-1 final in the day game, the White Sox faltered in the nightcap by giving up four runs in the fifth inning.

Jesse Litsch allowed six hits and two runs in seven innings to get the win in the second contest of the four-game series. He fanned six for the Blue Jays, who are on their longest winning streak since ripping off 11 straight victories from Aug. 27-Sept. 7, 1998.

Although their chances of post-season play are slim, the latest surge left the Blue Jays seven games behind Boston for the AL wild card lead.

Clayton Richard was charged with five hits and five runs in four-plus innings to suffer the defeat.

Jermaine Dye had a two-run double for Chicago, which lost its third in a row.

METRO NEWS SERVICES

JOHN GRESS/REUTERS

Blue Jays Scott Rolen, right, is congratulated by teammate Kevin Mench after hitting a two-run home run against the White Sox last night in Chicago.

Sports in brief

NFL After playing the season opener with a critically injured left knee, San Diego Chargers linebacker Shawne Merriman has finally sided with numerous medical advisors ad will undergo season-ending surgery.

METRO NEWS SERVICES

YorkReport

Marty York

Will return...

SCOREBOARD

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	PCT	GB
Tampa Bay	86	57	.601	—
w-Boston	85	59	.590	1½
Toronto	78	66	.542	8½
N.Y. Yankees	77	68	.531	10
Baltimore	64	79	.448	22

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Sox	80	64	.556	—
Minnesota	79	65	.549	1
Cleveland	70	73	.490	9½
Detroit	70	75	.483	10½
Kansas City	61	82	.427	18½

WEST DIVISION

	W	L	PCT	GB
L.A. Angels	87	57	.604	—
Texas	71	74	.490	16½
Oakland	66	78	.458	21
Seattle	56	87	.392	30½

NATIONAL LEAGUE

EAST DIVISION

	W	L	PCT	GB
N.Y. Mets	81	63	.563	—
Philadelphia	79	66	.545	2½
Florida	73	72	.503	8½
Atlanta	63	82	.434	18½
Washington	56	89	.386	25½

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Cubs	86	58	.597	—
w-Milwaukee	82	63	.566	4½
St. Louis	78	66	.542	8
Houston	78	67	.538	8½
Cincinnati	66	79	.455	20½
Pittsburgh	60	84	.417	26

WEST DIVISION

	W	L	PCT	GB
L.A. Dodgers	74	71	.510	—
Arizona	71	73	.493	2
Colorado	67	78	.462	6½
San Francisco	64	80	.444	9½
San Diego	56	89	.386	18

(w — teams currently holding wild-card spots)

LAST NIGHT'S RESULTS

AMERICAN LEAGUE

Cleveland 6 Baltimore 1
Minnesota 7 Kansas City 2
Oakland 3 Detroit 2
Tampa Bay 5 Boston 4
Toronto 3 Chicago Sox 1 (Gm 1)
Toronto 8 Chicago Sox 2 (Gm 2)
N.Y. Yankees 7 L.A. Angels 1
Texas 7 Seattle 3

NATIONAL LEAGUE

Atlanta 5 Colorado 4 (10 ings)
Florida 10 Philadelphia 8
Houston 9 Pittsburgh 3
N.Y. Mets 10 Washington 8
St. Louis 4 Chicago Cubs 3
Cincinnati 5 Milwaukee 4 (11 ings)
L.A. Dodgers 6 San Diego 2
San Francisco 5 Arizona 4

TODAY'S GAMES

AMERICAN LEAGUE

Oakland at Detroit, 10:05
N.Y. Yankees at L.A. Angels, 12:35
Texas at Seattle, 1:40
Tampa Bay at Boston, 4:05
Cleveland at Baltimore, 4:05
Kansas City at Minnesota, 5:10
Toronto at Chicago White Sox, 5:11

NATIONAL LEAGUE

Cincinnati at Milwaukee, 11:05
Arizona at San Francisco, 12:35
Florida at Philadelphia, 1:05
Colorado at Atlanta, 4:10
Washington at N.Y. Mets, 4:10
Pittsburgh at Houston, 5:05
Chicago Cubs at St. Louis, 5:15
L.A. Dodgers at San Diego, 7:05

CFL

WEST DIVISION

	W	L	T	PTS
Saskatchewan	8	2	0	16
Edmonton	6	4	0	12
Calgary	6	4	0	12
B.C.	**5**	**5**	**0**	**10**

EAST DIVISION

	W	L	T	PTS
Montreal	7	3	0	14
Toronto	4	6	0	8
Winnipeg	2	8	0	4
Hamilton	2	8	0	4

WEEK 12

FRIDAY'S GAMES

Winnipeg at Toronto, 4
Montreal at Calgary, 7

SATURDAY'S GAMES

Hamilton at Edmonton, 4
Saskatchewan at **B.C.**, 7

SOCCER

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SATURDAY'S GAME

Montreal at **VANCOUVER**, 7

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Another small business myth

"Running a business is easy." It just looks that way. Canadian entrepreneurs typically work 59 hours a week and small business owners endure considerable stress associated with getting, doing and managing their operation. METRO NEWS SERVICES

Workology

No football at uLaval

The federal government rejected a proposal by Quebec investors to modify the expansion of Université Laval's sports complex so that the school's football field would meet CFL requirements. However, Ottawa stands by its $37.5-million contribution to the $85-million project. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Start-up businesses prone to many errors

When one decides to start his or her own business, there are five common mistakes they can make. Here they are:

• Being too reliant on one person, typically the business owner.

By relying entirely on one person you are setting yourself up for disaster if he or she gets sick and cannot run the business. You should have trusted partners or skilled employees trained and able to take over in an emergency.

• Not having a proper accounting system in place.

Good bookkeeping is essential to the success of your business. "Hire a capable and effective CPA to assist you and keep you on top of all accounting-related government rules and regulations," says Paul MacDonald, senior vice-president of Aon.

• Underestimating the financial requirements of the business.

Be honest with yourself about financial requirements. Most entrepreneurs underestimate the required start-up capital. If you consider that you are likely going to lose money in the first six months to a year of your new business, you need to ensure that you have arranged for sufficient capital to cover operating losses.

"Most entrepreneurs also underestimate the importance of insuring their business," according to MacDonald. "All entrepreneurs should consider their insurance needs carefully to protect themselves and their business against workplace accidents, theft, property damage and other calamities."

• Not understanding your target market.

Understand everything you can about your customer. Get market research reports on their demographics, preferences, geographic distribution, and disposable income. You need to understand the needs of the market before going ahead with your product or service. During a period of recession it might not be the right time to start a high-end retail operation, but what about credit counselling?

• Underestimating time and personal commitment involved in starting your own business.

Most small business owners work more for themselves than they ever did for someone else. NEWS CANADA

Myths about biz

• "Entrepreneurs make a lot of money." You may earn less than your employed friends in the first few years, but after that you'll enjoy a much larger earning potential.

• "It takes plenty of money to start a business." Some very successful businesses are launched with just a few hundred dollars. Others may cost millions.

• "You have to be ruthless to succeed." While that may be true for big business, small business owners make their own rules and typically operate with high levels of integrity, trust, honesty and fairness. NEWS CANADA

Small Business

Talking taxes with nanny bosses

RAFAEL BRUSILOW
for Metro Canada

For parents struggling with complicated tax forms for their nanny, a new start-up business is hoping to make their lives easier.

Tax4Nanny was launched in June by chartered accountant Gila Ossip to take the confusion out of all the mandatory tax forms families have to fill out every year when they have a nanny.

It's no joke — hiring a nanny makes you a full-time employer and you need to remit payroll deductions, provide an accurate T-4 form to your nanny each year and pay monthly Worker's Compensation like any other business.

"People find it very cumbersome — they are overwhelmed with all the paperwork," Ossip said.

Tax4Nanny takes care of all those important documents and deals with all inquiries and communications coming from the Canada Revenue Agency, leaving parents who employ a nanny free to spend precious at-home time playing with their kids instead of filling out tax forms.

Ossip, 34, got the idea for the service when she hired a live-in nanny to take care of her own daughter four years ago. She was surprised at how much paperwork was involved in employing a nanny and realized that many people probably felt the same way.

RAFAEL BRUSILOW/FOR METRO CANADA

Tax4Nanny head Gila Ossip knows what it takes to organize tax forms if you employ a nanny.

"I don't know where my next client is going to come from, but I am learning to become confident that the phone will ring."
Tax4Nanny owner Gila Ossip

Parents pay $300 to $500 yearly for the service, a drop in the bucket compared to the $1,500 to $1,600 per month in salary and other fees it costs to employ a nanny legally in Canada. As a result, most of Tax4Nanny's clients tend to be high-income earners such as doctors or lawyers who already have sizable strains on their time and are happy to have an expert like Ossip handle the tax homework.

Ossip gave up a safe and lucrative job at renowned accounting firm Deloitte & Touche to strike out on her own and admits that running a business is a stark change from the certainty of a salaried position.

"I don't know where my next client is going to come from, but I am learning to become confident that the phone will ring," Ossip said.

In the few months since starting up in June, Tax4Nanny has already garnered 25 clients from across Canada and Ossip plans to take on many more. The majority of her client referrals come from nanny hiring agencies, many of which are happy to send parents to her as they aren't comfortable answering tax questions themselves. While business is booming, Ossip knows that the ride can eventually get bumpy, but says the risks are all worth it.

"I think there's going to be a big learning curve, but the excitement of working for myself is phenomenal," she said.

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U.S. 'colleges' eager to become 'universities'
In the U.S., where many undergraduate universities have long been labelled "colleges," and the terms are more interchangeable than in Canada, there has been growing pressure for institutions to adopt the more "prestigious" label of "university." METRO NEWS SERVICES

RAFAEL BRUSILOW/FOR METRO CANADA

Andreas Kotal, left, and Paul Pelton have pioneered a new rental car concept in Canada involving cars painted with ads.

Keeping you rolling for just a dollar per day

RAFAEL BRUSILOW
for Metro Canada

Andreas Kotal, 30, and Paul Pelton, 44, are betting their careers on the fact that few people can turn down renting a BMW Mini-Cooper for only a dollar a day.

The two entrepreneurs are the founders of CityFlitz, a new company offering rentals of brand-spanking-new Mini Coopers and Mini Cooper Clubmans emblazoned with advertisements for only $1 per day.

"It's really the cheapest way."
Andreas Kotal

Based on an already-successful business model from Vienna, Kotal and Pelton have put most of their savings into adapting the idea to strike it gold in the North American market, starting with Canada.

Essentially, the firm offers companies a chance to advertise in a highly visible way while offering consumers a chance to get around town in a snazzy new BMW for just a dollar per day.

"The cars are branded with advertising to offer an amazing deal for a buck a day. It's really the cheapest way of transportation in the city," Kotal said.

The cars are rented via an online portal at cityflitz.com. People register on the site for a one-time fee of $30 and a monthly charge of $7. After putting down a fully-refundable $350 deposit and entering their driver's licence information, people with a clean driving record can sign up to reserve cars for 24 hours at a time.

Cars have to be driven a minimum of 30 kilometres daily to maximize advertising exposure.

The company has three cars with Nike ads in Vancouver, 10 with Yahoo! ads in Toronto and hopes to expand to Montreal, Calgary and Halifax soon.

Kotal and Pelton say the hardest part in getting CityFlitz off the ground was finding money to get rolling. Pelton and Kotal approached a myriad of banks and lenders, but not one initially wanted to offer investment capital. Kotal suggests business culture itself is to blame, as few people want to take the risks that are necessary to garner greater rewards.

"Unfortunately, there is really a culture of saying, 'No' to start-up businesses — of not supporting business ideas enough to make it happen. It's really an emotional roller-coaster, you have to believe in it," Kotal said.

Selling nature to the web generation

Small Business

RAFAEL BRUSILOW
for Metro Canada

Andy Milne wants to use the Internet to get kids into the great outdoors.

Milne, 36, is the founder and CEO of Andy Camper (andycamper.com), a site that just launched in August and hopes to make learning about nature fun and informative for kids ages seven to 12.

A self-proclaimed "weekend warrior" who loves outdoor sports like kayaking, hiking and wakeboarding, Milne wants to pull kids away from computers and video games so they can appreciate nature as much as he does.

"The question is how do we get kids away from the mouse and out of the house? I'm trying to get rid of the 'Mom, I'm bored,' syndrome," Milne said.

The Andy Camper site is entirely video-based and features informative clips with experts explaining different facets of nature and showing off a related activity that can be done outdoors. The activities are designed to be interactive and fun for a variety of learners, from kids who like to collect things to ones who like to show off their creativity. Milne says the emphasis is always on teaching fun things to kids that aren't in textbooks.

"We're trying not to make it curriculum-based. We want kids to have fun with the content so we've made it simple, accessible and fun," Milne said.

RAFAEL BRUSILOW/FOR METRO CANADA

"Weekend warrior" Andy Milne's new start-up business/website attempts to pull kids away from their computer so they can appreciate nature as much as he does.

The idea has taken Milne six years to come to fruition and all aspects of the site's development, from building the website to hiring hosts for the web-clips to developing the videos, were funded by Milne himself. The main challenge, both in building the site and finding investors, has been to keep the site advertising-free.

"The question is how do we get kids away from the mouse and out of the house? I'm trying to get rid of the 'Mom, I'm bored,' syndrome."
Andy Milne, CEO of andycamper.com

"Parents won't allow advertising, so we've had to come up with other interesting business models to make sure we maintain that relationship," Milne said.

The choice to put Andy Camper online instead of making it into a TV show or book was obvious to Milne, given how many kids spend their time surfing the web.

"A lot of these kids are on the Internet, so we're going to where they are," Milne said.

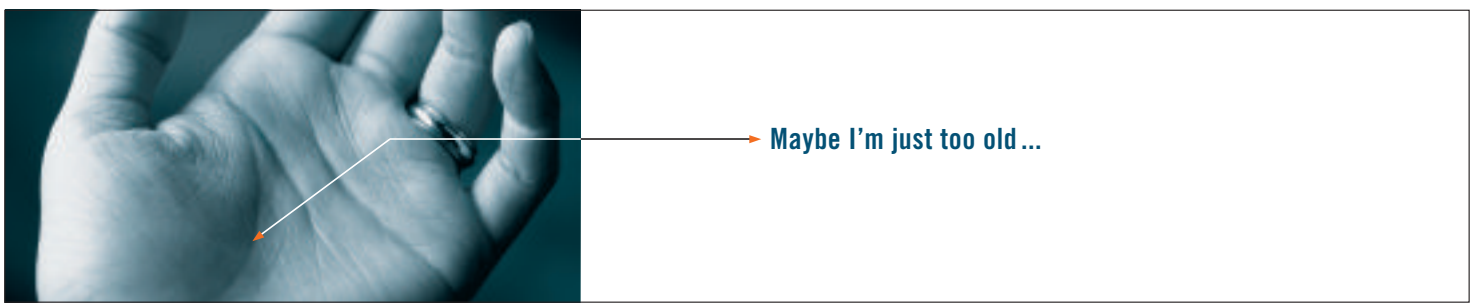
The site is adding new content every week and Milne hopes to eventually let kids keep an online journal of their experiences with nature activities. The majority of videos and photos on the site are also posted on YouTube and Flickr and all videos are fully downloadable. Every clip has been shot in high-resolution HD, ensuring that Andy Camper's content won't have to be reshot as technology advances.

"We're embracing any of the technologies that are accessible to kids. We're trying to make a business out of this, but we want kids to have fun, too," Milne said.

How you can help your small business succeed

START-UPS Do you own a business? Thinking about starting one up? Before you do, consider this: Research shows that many small businesses fail because they lack a solid business plan and a market idea that is different from their competitors. Surprisingly, many small business owners spend far too little time developing a strategy, assessing current business practices, and making the necessary adjustments in order to reach their goals.

"Many new businesses fail because the owner spends too much time on administrative tasks and not enough time on growth strategies," says Rod Dobson, president of ADP Canada. "Instead of asking themselves if they can afford to outsource lingering administrative pains like payroll and HR, entrepreneurs should be asking themselves if they can afford not to. A business will succeed if it's focused on what's important — customers, growth strategy and the competition." NEWS CANADA



$1-billion endowment strengthens UBC credit rating

Moody's Canada, an independent credit rating agency, gave the University of British Columbia an Aa1 rating in its latest annual report on the university. The high ranking is attributed to UBC's endowment fund, which topped the $1-billion mark earlier this year. METRO NEWS SERVICES

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Wrongful resignation can prove very costly

WorkplaceLaw

Daniel Lublin
dan@canadaemploymentlawyer.com

Seldom do employers bother to sue their ex-employees. But the tables are turned when a hasty resignation proves costly.

Few have heard of a lawsuit for wrongful resignation. Once thought to be a remote claim, there are cases that have found their way to the courts in recent years and awakened the prospects of companies looking to recover damages caused by an employee who departs without giving a sufficient warning or even a good bye.

• Gary Bradley's resignation was untimely for his ex-employer Carleton Electric. Offering his services for only a few weeks after he announced his resignation, Carleton Electric was left with economic losses given Bradley's hasty exit. But when Bradley sued for unpaid wages, his ex-employer was reeling. Instead of simply defending the merits of Bradley's lawsuit alone, it responded by suing him for wrongful resignation — and won. Bradley's failure to provide appropriate notice of his resignation proved costly; he was ordered to pay Carleton $10,000.

• When the general manager and two salesmen of Sure-Grip Fasteners left, without notice, and opened a competing business a few kilometres away, Sure-Grip was left without a sales staff in southern Ontario. But at trial it was awarded $75,000 from the group of ex-employees for their failure to give reasonable notice of their resignations.

As these examples demonstrate, however, these lawsuits typically arise in the context of defending a claim by ex-employees. So if you are thinking about resigning, here are four legal principles to keep you out of the courtroom:

• The proper measure to calculate an employee's duty to give notice is based on the amount of time that it would reasonably require the employer to find his or her replacement.

• If you possess specialized skills or are contemplating leaving the employer in a vulnerable situation, your duty to give advanced notice is heightened.

• In assessing your obligation, consider the labour market and the ability of your employer to replace you.

• You may have a contractual duty to give advanced notice. Have counsel review your employment agreement with a view to determining whether any specific period of notice was agreed to and whether it must be followed.

Daniel A. Lublin is an employment lawyer focusing on the law of dismissal; dan@canadaemploymentlawyer.com.

Musical passion is a must for this degree

KRISTA MARTIN
for Metro Canada

The future for Kemuel Wong presented itself to him at just four years of age. Watching a concert on TV, Wong remembers being captivated by the conductor of a concert orchestra.

"The conductor was waving away with a stick and creating beautiful music," he said.

"From then on, I knew I wanted to do just that, be a conductor and make great music for people to enjoy."

But the 22-year-old, originally from Hong Kong, had his doubts about a career in music.

"I was not confident in my musical abilities but I carried the passion to pursue my childhood dream," he explained.

This dream was brought one step closer when Wong enrolled in the bachelor of music program at the University of British Columbia, a program consisting of courses such as music history, theory, piano, voice, pedagogy and conducting.

Wong said the best part of the program was the people.

"Everyone is friendly, and as a result, it's a supportive and encouraging atmosphere where individuals can learn and grow in their abilities."

Professor Bob Pritchard said the program would appeal to one of two types: those who are interested in the study, creation and performance of art music; and those interested in a career in music education.

PHOTO SUBMITTED

Kemuel Wong is enrolled in a masters program in choral conducting at UBC.

Acceptance into the program is extremely competitive.

"Students must be excellent performers on their instruments," said Pritchard.

"In general this requires years of private lessons, with a dedication to daily practice and a healthy dose of talent."

He also recommends that students interested in enrolling undergo basic study in music theory and/or private lessons.

Not only does the program require dedication, time and patience, as a career, it demands the same.

"Career outlooks are quite variable and are dependent on each student's skills, motivation and knowledge," said Pritchard.

"Although luck doesn't hurt," he admitted.

The average a graduate can hope to make is about $15,000 per year, which means graduates may need to take on further flexible employment.

Pritchard said that students tend to take on teaching jobs, working in the sale of musical instruments, recordings and sheet music, working for radio and television stations, writing music for commercial, score films and video games, and more.

Students that pursue performance careers, as opposed to teaching, make less but can aspire to more than $100,000 if they pose exceptional talent. Teachers can make as much as $70,000 if willing to spend many years in the public school system. But the big bucks do not come easily and are all but assured.

"You don't go into a career in music because you like music," said Pritchard.

"You do it because you wouldn't be happy doing anything else."

Wong, who is now studying a masters in choral conducting at UBC, also teaches piano at his private studio and is the music director for the UBC Gilbert and Sullivan Society's production of The Sorcerer.

He aspires to share his love of music through teaching both as a teacher and on the podium as a conductor.

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- For more information visit: music.ubc.ca/

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*No purchase required. The contest runs from August 18, 2008 to September 21, 2008. Open to Canadian residents who have reached the age of majority in their respective province as of the Contest start date. Total value: $9,450.00. The official entry of up to 14 referrals may entitle the grandprize winner to an extended stay of 21 days maximum.

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Happy Halloween
No city in the world celebrates Halloween like Salem, Mass. Starting October 2, The 27th Annual Salem Haunted Happenings will overtake the city for a full month of events including The Official Salem Witches Halloween Ball. Visit *HauntedHappenings.org*. METRO NEWS SERVICES

Travel

Heathrow T5 is back on track

British Airways' intercontinental flights to London will begin using Heathrow's spectacular new Terminal 5 this month and next. The transfer from Terminal 4 was to occur in April, but was put off after T5's opening proved truly chaotic, what with staff shortages; long, long lines at check-in; and hundreds of cancelled and delayed flights. British Airways officials say T5 is operating smoothly now. AVIATION.COM

TRAVELDESK@METRONEWS.CA

A weekend in the Windy City

48 hours is all you need to prove Chicago is your kind of town

Chicago holds a reputation in North America for being a city of culture, with opulent art, innovative architecture and shopping venues that appeal to people from all walks of life. One of the best ways to enjoy Chicago is on foot, but the Windy City on Lake Michigan also offers transit by train, bus, cab and water taxi, which can help tourists cover a lot of terrain easily.

PAUL DAMIEN/NATIONAL GEOGRAPHIC
The Lurie Garden in Chicago's Millennium Park against part of the city's impressive skyline.

Friday

5 p.m. Sip a Mojito Chic cocktail made from 10-cane rum at the Lobby Bar & Lounge in the Marriott Hotel on the Magnificent Mile before setting out along the upscale shopping strip known for such iconic structures as the Wrigley Building and the Tribune Tower.

7 p.m. Enjoy spectacular views of the city and Lake Michigan while dining in the Signature Lounge on the 96th floor of the John Hancock Center on Michigan Avenue, a 100-storey building with a screened outdoor observatory. Sample cocktails or opt to eat a range of appetizers, including the baked Brie and the chipotle guacamole, instead of a full meal.

Saturday

9:30 a.m. Take the "Chicago Architecture Foundation Highlights by Bus" tour, which covers such notable areas as the Loop, Hyde Park, the Gold Coast, the lakefront and historic neighborhoods. The tour includes stops at works by such internationally renowned architects as Frank Lloyd Wright, Ludwig Mies van der Rohe, Rem Koolhaas and others.

1:15 p.m. Lunch on a salad of tomato, mozzarella, basil and balsamic dressing in the Garden Restaurant courtyard at the Art Institute of Chicago.

2:30 p.m. Tour highlights of the art institute galleries before heading outside to wander through nearby Millennium Park and see Anish Kapoor's reflective "Cloud Gate" sculpture shaped like a bean, Jaume Plensa's "Crown Fountain" and architect Frank Gehry's Jay Pritzker Pavilion.

5:30 p.m. Hop on the Chicago Architecture Foundation River Cruise at the southeast corner of Michigan Avenue Bridge and Wacker Drive for the evening tour. Sit on the outer edge of the deck, sipping a glass of wine, and take in views of Chicago's skyscrapers while listening to the historical details about the structures.

7:30 p.m. Enjoy a draft beer at the historic Berghoff restaurant, one of the city's oldest, on Adams Street in the Loop.

8:30 p.m. Dine on distinctive Chicago-style stuffed or thin-crust pizza at Giordano's on Jackson Boulevard.

10:15 p.m. Watch a spectacular fireworks display from the patio of Riva restaurant on Navy Pier, a cultural center originally built as a municipal wharf and used for naval training in World War Two.

Sunday

9:30 a.m. Take the scenic elevated train ride west to Oak Park from the Loop on the Chicago Transit Authority's Green Line.

11 a.m. Tour architect Frank Lloyd Wright's home and studio. Wright lived and worked in the structure from 1889 to 1909, developing his signature American Prairie Style architecture and raising six children with his first wife.

12:30 p.m. Get a take away lunch at the Tasty Dog on Lake Street and eat in Scoville Park en route to Wright's Unity Temple. The temple was designed in 1905 as a place of worship for the Unitarian Universalist Congregation and has since been designated a U.S. National Historic Landmark.

2 p.m. Visit and tour the Victorian home where author Ernest Hemingway was born in 1899. The restored Queen Anne-style house was built in 1890 by Hemingway's maternal grandparents.

3:30 p.m. Stroll to the Ernest Hemingway Museum and enjoy temporary and permanent exhibitions comprised of memorabilia related to the author's life and career before heading back to the Loop. REUTERS

Massive faith in South Korea

TheTravelJunkie
Julia Dimon
thetraveljunkie.ca

According to the Guinness Book of World Records, the largest Christian congregation in the world is not located where you might expect it to be. Instead of calling the southern U.S. home, the Yoido Full Gospel Church — which boasts an astonishing 750,000-plus worshippers — can be found just outside Seoul, South Korea.

Though the country is predominantly Buddhist, there is indeed a powerful Christian contingent. Take one look at the exterior of the Yoido Full Gospel Church, and you'll have an idea of its scale.

In fact, it's hard to quell the thought that this red-brick dome topped with a giant cross looks like a stadium, and that I'm headed to a concert rather than a Wednesday morning religious service. Right on cue, a crowd of elderly women move past me in a mad dash to get a good seat.

It seems that despite the size of the venue, the pews fill up quickly, so it's best to come early.

In the guts of the building, three floors of seats are placed in a semi-circle facing the stage. All eyes are on a joyous choir, singing and swaying to synthesized music. The church is devoid of stained-glass windowsor religious iconography, but does have several large screens above the stage and camera men panning across the crowd.

JULIA DIMON/FOR METRO CANADA
Wednesday mass at the Yoido Full Gospel Church near Seoul.

The church has a BYOB policy — bring your own bible. But it does provide headphones, which I plug into a little black box offering English, Japanese, Chinese, Spanish, French, Russian, Indonesian and Arabic translations.With patience, I'm able to understand a bit of what retired Rev. David Yonggi Cho is saying. "Our neighbours in North Korea are suffering. We must care about social problems. They are our brothers, sisters and neighbors. Love your neighbours and love the church with your soul, body and mind," he preaches. Though 72 years old, his voice echoes through the church. The crowd breathes a collective Amen.

Julia Dimon is co-host of Word Travels, airing on OLN, and editor of thetraveljunkie.ca.

Julia's tips

- Services at Yoido Full Gospel Church are offered three times on Wednesdays and seven times on Sundays. For more information visit *english.fgtv.com*.

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Automotive

A METRO JOINT VENTURE WITH: carguide magazine.com

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Good Vibe-rations

Practicality takes centre stage for Pontiac compact

MICHAEL BANOVSKY
for Metro Canada

If the Pontiac Vibe was an appetizer, it would be the California Roll – delicious sushi on the inside and yet easy to handle and appealing on the outside.

The Vibe is a product of a General Motors and Toyota alliance.

Its sister car is the Toyota Matrix.

While underneath, the Vibe utilizes a Toyota platform and engines, the exterior is modern Americana.

There are small differences between the two content-wise — for instance a Monsoon stereo is only available on the Vibe (and a JBL stereo is exclusive to the Matrix) — but from the driver's seat you would be hard pressed to notice a different driving experience.

I think for North America, re-skinning a winning design to attract universal appeal is an admirable strategy.

Probably the most popular variant will be the Vibe with all-wheel-drive, as its larger engine (2.4-litre 4-cylinder with 158 horsepower) and plastic-lined rear cargo area should make it the most practical for any environment.

From an enthusiast's standpoint, however, I wonder how long it'll take a Pontiac engineer to install a turbocharged Ecotec engine into the Vibe.

While underneath, the Vibe utilizes a Toyota platform and engines, the exterior is modern Americana.

There are cubby holes everywhere, controls fall easily to hand, and the driving position seems to fit a wide range of body types.

Inside, again, practicality takes centre stage. A handy-dandy 115-volt (100W) dash-mounted plug means you'll no longer have to buy separate car chargers for your electronic gizmos. There are cubby holes everywhere, controls fall easily to hand, and the driving position seems to fit a wide range of body types.

Now, the biggest difference between the Vibe and Matrix is on price: the Vibe starts at $15,995; the Matrix at $15,705. Top range models are different altogether: the Vibe GT starts at $24,995, the Matrix XRS at $25,220. Transaction prices, though, favour the ever-eager-to-deal Pontiac salespeople – plus any deals the General has cooked up.

So the Vibe is basically a Toyota. I think for North America, re-skinning a winning design to attract universal appeal is an admirable strategy. I'm sure the attractive Vibe will sell in spades.

Just keep hoping for a mid-summer clearance sale at your local dealer.

2009 Pontiac Vibe

Type: Compact
Price: $15,995
Engine: 2.4-litre 4-cylinder
HP: 158 horsepower

Highlights

- All wheel drive
- Practical interior
- Affordable pricing

Insurance myths debunked

When it comes to auto insurance, many Canadians are not sure what's fact or fiction. To help you better understand auto insurance, RBC Insurance debunks the top five auto insurance myths.

1. The colour of my car affects my insurance premium.

Many factors determine premiums including your vehicle's year, make, model, body type and engine size. The colour of your vehicle is not one of them.

2. If I use my car for work and have an accident, my employer's insurance will cover it.

Your employer may reimburse you for mileage, but your own insurance provides coverage in case of an accident. If you use your vehicle for work, you should be advising your agent or broker of this business use.

3. Parking tickets increase insurance premiums.

Parking tickets do not affect insurance premiums. But a license suspension from unpaid fines can affect your driving record, resulting in higher insurance premiums.

4. If my friend borrows my car and has an accident, their insurance will pay for damages.

If you lend your car, you lend your insurance. Any claims will be made under your policy, even if you were not involved in the accident.

5. Auto insurance companies can charge what they want.

Auto insurance is subject to significant regulatory requirements. Insurance companies must submit their automobile insurance rates to government agencies for approval.

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Shattering stereotypes

High-performing Lexus IS F a sports monster that's hard to resist

JOE KNYCHA
for Metro Canada

The Lexus IS F is possibly the first Lexus of any of the brand's stripe to be instantly recognized as a serious, take-no-prisoners sports car.

The models before it — the IS 250 and IS 350 — are plenty sporty in their own rites, but can't come close to the F for sheer driving exhilaration and outright raw performance.

This chest-thumping, bellowing beast puts the 'high' in performance. It seats five in leather-wrapped, hand-stitched comfort and will carry most of their luggage, too.

And if that doesn't get your attention, just listen to the thing in full song as it rips ever so precisely through the eight gears in its "Sport Direct Shift" automatic transmission.

It sounds so cool that Lexus has built an advertising campaign around the IS F's unique engine/exhaust sounds.

The F takes the IS series design, bulks it up and stomps the road into submission with an all-new 5.2-litre V8 engine that delivers 416 hp at 6,600 rpm and 371 lb-ft of torque at 5,200 revs, to the rear wheels.

The Lexus models before the IS F — the IS 250 and IS 350 — are plenty sporty in their own rites, but can't come close to the F for sheer driving exhilaration and outright raw performance.

Based on the LS 460 engine, the F powerplant introduces a new direct and port fuel injection system that combines direct-to-cylinder injection with secondary port injectors, extracting maximum energy from the fuel during high-performance driving conditions, while producing a precise burn to optimize power and efficiency under less strenuous circumstances.

The result, said Glenn Alkema of the Lexus Academy, "is maximum efficiency, reduced emissions and best-in-class fuel economy."

Visual clues that allude to its athleticism are found everywhere, from the redesigned front grille and fascia, bulging hood, flared fenders, huge Brembo brakes front and rear, lowered body and vertically stacked, twin exhaust ports sticking out the back, and from which emanate those dulcet and intoxicating sounds.

With a top speed of 270 km/h (electronically limited), a zero-100 km/h time of 4.8 seconds and a quarter-mile time of 13 seconds flat, this car is expected to broaden the Lexus appeal to include performance-driving enthusiasts who would not otherwise consider the brand.

Steering is quick and direct, assisted by a calibrated electric power system, with no on-centre vagueness detected; the driver feels well in touch with the road and the car inspires confidence.

The heavy-duty Brembo brakes are enhanced by anti-lock braking with electronic brakeforce distribution and brake assist.

Additional features that aid in the IS F's performance include the sport-tuned vehicle dynamics integrated management (VDIM) system, electronic vehicle stability and traction control which can be fully disengaged by the driver.

Seldom, if ever, has so much power, technology, style, build quality and sheer excitement been available to buyers in the IS F's price range.

2009 Lexus IS F

Type: Sedan
Price: $64,000
Engine: V8, DOHC, 5.2L
HP: 416@6600
Torque: 371@5200

Highlights

- Athletic styling
- Sport performance appeal
- Tremendous smoothness
- Unique exhaust system sounds

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Dodge offers more truck for less

Chrysler Canada announced new pricing for the 2009 Dodge Ram 1500, giving customers more truck for a lot less money. With an average price reduction of $2,200 along with $2,500 of added equipment, the new Dodge Ram delivers $4,700 of added value versus the model that it replaces.

The 2009 Dodge Ram features three-cab configurations, four trim levels, all-new exterior and interior styling and many segment-first features and Best-in-Class capabilities.

The 2009 Dodge Ram is available for $25,995 for Regular Cab models, $30,295 for Quad Cab models and $34,190 for Ram Crew 1500 models.

Prices exclude $1,350 for destination. The 2009 Dodge Ram arrives in dealerships this fall.

"The all-new Dodge Ram is simply the best truck at the best value in Canada," says Mark Bosanac, vice president of marketing, Chrysler Canada.

"With more standard features and a lower MSRP than 2008 models, the 2009 Dodge Ram gives consumers thousands of dollars more in value.Our 2009 Dodge Ram has it all."

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Routan offers bang for your buck

Versatile Volkswagen model has plenty of space for cargo and up to seven riders

Volkswagen Canada has announced the pricing for the new 2009 model-year Routan, an all-new seven-passenger vehicle for the Canadian market. Starting at $27,975, the 2009 Routan becomes the most affordable seven-seat import nameplate van in Canada.

The 2009 Volkswagen Routan will offer Canadians quality performance at only $27,975 starting this fall.

The Routan comes with a four-litre single overhead cam V6 engine with 253 HP and 262 lb-ft of torque, the most standard torque in its class. It features a unique European-tuned suspension and steering matched for handling and improved driving dynamics in the tradition of Volkswagen's German engineering heritage.

Mated with a standard six-speed automatic transmission, the new 2009 Routan's fuel economy is rated by Transport Canada at 8.5 litres per 100 kilometres on the highway and 13.2 litres per 100 kilometres in the city.

Instantly recognizable as a member of the Volkswagen family, with its stylized front grille and exterior treatments, the 2009 Routan features an interior that creates an environment that is visually pleasing, modern and meticulously detailed.

The Routan offers full seating for seven people in three rows with 930 litres of cargo space behind the third row. Its versatility for carrying more cargo increases to a cavernous 2,400 litres when the third row is stowed into the floor. The seatbacks in the second row can be folded flat if even more space is required for longer items, with storage compartments and cup holders available throughout the vehicle.

Standard features in the 2009 Routan include three-zone climate control, a CD player with six speakers, dual sliding side doors, front and side curtain airbags, Tire Pressure Monitoring System (TPMS), and Electronic Stabilization Program (ESP).

Safety remains a priority for passengers, with the National Highway Traffic Safety Administration (NHTSA) awarding the 2009 Volkswagen Routan with a best-in-class safety rating, with maximum five-star ratings for frontal collisions and for front and rear passengers in side impacts. Its uni-body construction and low centre of gravity allow the 2009 Routan to earn a best-in-class four-star rating for resistance to rollover.

The 2009 Volkswagen Routan will go on sale at Volkswagen dealers across Canada at the end of September.

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Brokeback tops gay list

Brokeback Mountain has topped a new list of the best gay movies. The 2005 film beat Beautiful Thing and Shelter to the top of a new online poll compiled by website AfterElton.com. IMDB.COM

Entertainment

Tori bestseller

Actress Tori Spelling's memoir, Tori Telling, has reached the top of the New York Times Nonfiction Bestseller List, according to figures released by the national newspaper. E! NEWS ONLINE

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Oprah Winfrey

Oprah Winfrey to guest on 30 Rock

TV Oprah Winfrey will be starring in an upcoming episode of hit U.S. comedy 30 Rock, imdb.com reports.

The media titan was earlier this month rumoured to be making a guest appearance on the show.

Alec Baldwin, who stars in the comedy, has confirmed that the chat show queen will feature in the new series, adding to the starry lineup. "Yes, Jennifer Aniston and Oprah (will be on the show). What more do you want? We're only on episode four!" he said.

METRO NEWS SERVICES

Failure to follow up

Winning Oscar does not guarantee future success

STEVE GOW
for Metro Canada

Some critics are downright disheartened by Burn After Reading — the Coen Brothers' highly-anticipated follow-up to No Country for Old Men.

Todd McCarthy of Variety even called it a "film that feels misjudged from the opening scene and thereafter." That's pretty surprising for the subsequent effort to last year's Academy Award-winning Best Film. Isn't it?

Well, not exactly.

While no one is slotting Burn After Reading in the does not always guarantee a director will go on to make an immediate masterpiece.

Take John Madden for instance, who followed-up his award-winning romantic-drama Shakespeare in Love with the dreary Nicolas Cage adaptation of Captain Corelli's Mandolin. And don't forget filmmaker Rob Marshall who won the Oscar for Chicago only to let movie fans down with Memoirs of a Geisha two years later.

These are just two critically-praised filmmakers who failed to follow-up their statuettes with a masterful flick.

In 1985, filmmaker Sydney Pollack took Robert Redford Out of Africa and transported him to stinky Havana. The huge 1990 epic was a bust both at the box office and with critics.

Peter Travers of Rolling Stone wrote, "You expect more of stars Robert Redford and Lena Olin, director Sydney Pollack and a $40 million budget than an uncredited and unpalatable rehash of Casablanca."

Yikes! That's a long road from standing behind the winner's podium at the Oscars show.

Perhaps the biggest post-Oscar flop has come courtesy of none other than Ron Howard. Skilled as he is behind the camera, after taking home the big prize for 2001's A Beautiful Mind, the actor-turned-auteur came up with The Missing.

With a budget of $65 million, the Tommy Lee Jones/Cate Blanchett thriller was a huge post-Oscar disappointment, earning less than half its budget back. It seems the only thing really missing was a follow-up movie that an audience was hungry to see.

Whether Burn After Reading (which hits theatres on Friday) will fall under the same curse that The Missing did is yet to be determined, but perhaps that doesn't even concern the Coens.

Instead, maybe the brothers share the theory of journalist Herbert B. Swope who once said, "I cannot give the formula for success, but I can give you the formula of failure — which is try to please everybody."

Ethan and Joel Coen review a take with actor George Clooney on the set of Burn After Reading, which opens on Friday.

Film new Sex And The City movie in London: Noth

MOVIES Sex And The City star Chris Noth wants the sequel to the hit movie to be filmed in London, imdb.com reports.

Noth

The film version of the popular TV show hit the big screen earlier this year and there are already rumours that movie bosses are planning a followup.

Noth, who plays Carrie Bradshaw's love interest Mr. Big, insists the New York-based show would translate well if it moved to London for a sequel.

"We are doing a sequel right here in London. I don't know, I'm just kidding, it's up to the writer, Michael Patrick King," he says. "He has some great ideas. I think it would be a great place to make it. If Woody Allen can make films in London, why can't we? Maybe Carrie and Mr Big could take their honeymoon here, maybe his business could move here or could bring him here and they could settle down."

METRO NEWS SERVICES

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Meester singing a new tune
Gossip Girl star Leighton Meester is moving from the small screen to the recording studio — the actress is writing her first album. IMDB.COM

CATE GILLON/GETTY IMAGES FILE PHOTO

Former Man Booker Prize for Fiction winner Salman Rushdie's The Enchantress of Florence isn't on this year's shortlist.

Adiga sparks Booker buzz

Book prize shortlist revealed

Tales from rural India, secretive Ireland and strike-riven northern England are all vying for the Man Booker Prize for Fiction, one of the world's most prestigious literary awards.

Aravind Adiga, whose book The White Tiger tracks the ambitions and divided loyalties of the son of a rickshaw puller from an Indian village, is a first-time novelist.

The former TIME magazine correspondent is the bookmakers' favourite to take the annual prize, worth $88,000 US to the winner.

A second Indian writer is on the shortlist of six, Kolkata-born Amitav Ghosh with Sea of Poppies, a story set on an old slave ship before the Opium Wars.

But there was no place for Mumbai-born Salman Rushdie, who was named Best of the Booker winners in July to mark the prize's 40th anniversary.

The renowned novelist won the Booker prize in 1981 with Midnight's Children, but his latest work The Enchantress of Florence failed to make the shortlist despite being heavily backed by bookies when it appeared on the longlist.

The second debut novelist on the shortlist this year is a former private investigator from Australia, Steve Toltz, and his book of familial adventure A Fraction of the Whole.

Linda Grant's The Clothes on Their Backs, a book about the psychology of clothes, has been nominated, as has Irish writer Sebastian Barry, whose The Secret Scripture depicts the shocking story of a woman growing up in Sligo in the 1930s.

British novelist Philip Hensher uses the 1984 backdrop of the miners' strike to follow the lives of two families and a changing social landscape in the north of England over 20 years in his book The Northern Clemency.

REUTERS

The winner is ...

- The winner of the Man Booker Prize for Fiction will be announced on Oct. 14.

REUTERS

Blah Girls mull celeb gossip

ONLINE They're called the Blah Girls and they've got plenty to say about celebrities, most of it cheeky.

The three animated gossip queens — Tiffany, Brittney and Krystle — are dedicated to spreading rumour and comment on the Internet on the latest pop culture happenings. And all from what their creators hope is a unique teen perspective.

Launched on Monday, the Blah Girls (www.blahgirls.com) are the latest creation from actor Ashton Kutcher and his fellow entertainment entrepreneur Jason Goldberg.

Kutcher

Kutcher, 30, said the Blah girls were partly inspired by his own three step-daughters Rumer, Scout and Tallulah Willis — the children of Bruce Willis and Kutcher's actress wife Demi Moore.

"I'm somewhat inspired by driving teenage girls to school in the morning and hearing the conversation in the back seat ... eventually it just becomes blah blah blah."

REUTERS

In brief

JUNOS COME TO TOWN The 38th Annual JUNO Awards will take place in Vancouver in just seven months.

The Canadian Academy of Recording Arts and Sciences (CARAS), along with broadcast partner CTV, announced yesterday that General Motors Place will host the CTV broadcast of Canada's music awards show. The 2009 JUNO Awards are scheduled to air March 29 on CTV.

METRO NEWS SERVICES

LL Cool J exits label with heartfelt album

MUSIC After 22 years, LL Cool J completes his Def Jam contract with Exit 13, released yesterday, and the veteran rapper says he made sure he "put my heart and soul into this album."

"It took me two years to put this album together," LL Cool J told Billboard.com. "On my last couple of albums I was off. I wasn't analyzing what I was doing exactly. I was making movies and music, but I couldn't play two sports at the same time. I turned down eight movies this time around. It was fulfilling for me especially since it's my last album under contract. I just couldn't jerk myself or my culture."

LL Cool J has publicly expressed his dissatisfaction with how Jay-Z was running Def Jam last year (Jay-Z announced his affiliation with his Ace of Spades Champagne in 2006). Still, he did suggest he wouldn't be opposed to a collaboration with his former boss and Def Jam artist Nas.

REUTERS

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Busy lifestyle getting you down?

Knightley has no interest in another Pirates role

Keira Knightley has no intention of starring in a new Pirates of the Caribbean movie. The actress, who has played Elizabeth Swann in three films in the franchise, admits even if producers ask her to reprise her role she would turn them down. FEMALEFIRST.CO.UK

New Beyoncé album this fall

Beyoncé

MUSIC R&B singer Beyonce will release her third solo album in the United States on Nov. 18, her Columbia Records label said.

The as-yet-untitled album marks the follow-up to her 2006 disc B'Day, which opened at No. 1 on the U.S. pop chart in September 2006. Her first album apart from Destiny's Child, the 2003 release Dangerously in Love, also went to No. 1.

Bob Dylan video on Amazon.com

MUSIC Amazon.com has premiered the video for a new Bob Dylan song, Dreamin' of You, starring veteran character actor Harry Dean Stanton as a Dylan bootlegger traveling the country to peddle his wares.

Dreamin' is the first taste of Tell Tale Signs: The Bootleg Series Vol. 8, due Oct. 7 via Columbia, which rounds up 27 rarities from the past 20-odd years of Dylan's career. REUTERS

The Rock laces 'em up

Actor-turned-wrestler cast as hockey player in Tooth Fairy film

HollywoodNorth

Andrea Woo
andrea.woo@metronews.ca

With riveting performances as Mathayus the **Scorpion King** and marine leader Sarge in the movie version of the classic computer game **Doom** under his belt, the masses have quivered in anticipation of what role wrestler-turned-thespian **Dwayne "The Rock" Johnson** would take on next. Wait no more, ravenous Rock fans: Beginning next Tuesday in Vancouver, Johnson will be running around town filming a movie in which he plays the tooth fairy. Yes, the freakin' tooth fairy. According to various sources, Johnson's character in the aptly named **Tooth Fairy**, due out next year, is a junior league hockey player nicknamed the Tooth Fairy, who, in some delightful turn of events, becomes the real thing.

GETTY IMAGES FILE PHOTOS

Ashley Judd will play his love interest, a single mother of two kids.

Burnaby-born singer **Michael Bublé** spoke with celebrity blogger **Perez Hilton** via webcam recently and the "gossip gangsta" asked him about ex-girlfriend **Emily Blunt**. "I love her," said Bublé from his Vancouver home. "I'm proud of her. Even though it's always tough to go through the sentimentality of the whole thing, I'm still proud of her. It's a trip for me to see how big she's getting. I'm really happy for her." In July, Bublé's publicist issued a statement on their split a day after photos of Bublé cavorting with two women in two days around Vancouver hit the Internet.

The Canadian Film Centre (CFC) announced the creation of what it calls "the first professional-level training program" over the weekend. The program, which launches next fall, will offer up to eight experienced Canadian actors advanced on-screen training, knowledge of project development and business considerations and fancy reels to showcase their talent. "We believe that we can foster a Canadian star system that will enable Canada's stars to shine brighter both nationally and abroad," said **Slawko Klymkiw**, executive director for the CFC, in a statement.

Andrea Woo is a Vancouver-based news and entertainment reporter.

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 9/10/08	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie	Finding Body and Soul (N)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News	The Insider	Greatest American Dog (CC)		Deal or No Deal (CC)		Kate Hudson: Hollywood		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Mandarin News		Cantonese News (N)		Punjabi News (In Punjabi N)		Metropia
	250	321	9 CTV	eTalk (CC)	Hollywood	Canadian Idol (Season Finale) The winner is announced. (N)				CSI: NY "Taxi" (CC)		News (N)
	-	-	10 OMNI	Scrubs (CC)	According-Jim	Practice "The Practice"		Third Watch (CC)		The Daily	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	Bones (N) (PA) (CC)		NCIS (CC)		Wipeout (N) (CC)		News (N)
	256	389	12 VI	Robson Arms	TMZ (N) (CC)	America's Next Top Model (N)		America's Got Talent (Same-day Tape) (CC)				News (CC)
	253	359	13 CITY	Law & Order: SVU		Secret Life of American Teen		Hell's Kitchen (CC)		Friends (CC)	Most Amazing	Reviews
	-	-	14 CW	Deal-No Deal	Deal-No Deal	America's Next Top Model (N)		90210 "Lucky Strike" (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Greatest American Dog (CC)		Criminal Minds "Tabula Rasa"		CSI: NY "Taxi" (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	America's Got Talent (Same-day Tape) (CC)				Law & Order: Criminal Intent		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Grocery Bag	What You Eat	Supersize vs. Superskinny (N)		Gok's Fashion Fix (N)		Style by Jury
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Wife Swap (CC)		Supernanny "Martinez Family"		20/20: They're Not Like Us		News (N)
	-	-	23 KVOS	M*A*S*H	Seinfeld	Delirious ★★ (1991) John Candy, Mariel Hemingway.				Cheers (CC)	Scrubs (CC)	Scrubs (CC)
	291	383	27 PBS	Andre Rieu: Live in Vienna (CC)				Alone in the Wilderness (CC) (DVS)			The Who at Kilburn 1977	
	290	382	29 FOX	Two/Half Men	Two/Half Men	Bones (N) (PA) (CC)		'Til Death	Do Not	News (N) (CC)		Family Guy
	-	364	49 PBS	(6:00) Great Performances		Motor City Celebrities		Tavis Smiley	Charlie Rose (N) (CC)		The Brain Fitness Program	
	296	654	54 SBK	Frasier (CC)	Frasier (CC)	Cheers (CC)	South Park	Comics Un.	Half & Half	The Insider	Entertainment	Paid Program
	298	653	55 TLA	Two/Half Men	Two/Half Men	America's Next Top Model (N)		90210 "Lucky Strike" (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	56 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	Sex and-City	Friends (CC)	Will & Grace	Will & Grace	My Wife-Kids
	297	652	57 WPX	CW11 News at Ten		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	Frasier (CC)	George Lopez	Odd Couple
	199	311	78 STR	Bones (N) (PA) (CC)		News (N)	News		Late Show-Letterman		ET Canada	Entertainment
news	502	390	25 NW	Monarchy: The Royal Family		CBC News: The National (N)		CBC News: The National		Monarchy: The Royal Family		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	World Poker Tour		Best Damn Sports Show		The Ultimate Fighter		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	MLB Baseball		SportsCentre (Live) (CC)		World Extreme Cagefighting (Same-day Tape) (CC)				SportsCentre
	411	457	45 OLN	Word Travels	Globe Guides	Pilot Guides (CC)		Don't Forget Your Passport		The Real Lost World (CC)		
	410	403	54 SCR	Score Tonight		Final Score	Final Score	Final Score	Final Score	Sports Rage		Final Score
	417	406	55 SC	Wrecked	Wrecked	Pinks	Pass Time	Am. Thunder	Am. Thunder	Pinks	Pinks Out	Wrecked
	416	409	144 GLF	Fútbol: Italy vs. Georgia		Gol TV News		American Soccer		Paid Program	Kings Club	Gol TV News
family	552	543	25 YTV	Malcolm-Mid.	Home Imp.	Prank Patrol	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline	Prank Patrol	Mystery Hnt.
	555	545	50 TEL	George	Bugs Bunny & Tweety Show		6teen	Total Drama	Futurama	The Critic (N)	Chicken	Lucy Devil
	557	541	51 FAM	Wizards-Place	That's-Raven	The Suite Life	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	The Suite Life
	553	546	56 TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	The Bittles	Comfy Couch
cable variety	268	354	3 KNO	Meerkat	Undersea	Black Coffee Coffee's origins.		Chasing the Tango High		Celia Franca		Pinsent
	575	583	20 CMT	Home Imp.	Home Imp.	Rascal Flatts: Melt		Reba (CC)	Hope & Faith	Home Imp.	Home Imp.	Ed (CC)
	570	580	24 MM	Punk'd (CC)	Born to Be	disBand	Technical Diff.	Punk'd (CC)	America's Top Pop Group		Born to Be	Spotlight
	600	564	29 H&G	Flipping Out "The Flip Side"		Holmes	Holmes	Property Shop	City	Property	Unsellable	Flipping Out
	615	520	31 A&E	Criss Angel	Criss Angel	Criss Angel	Criss Angel	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Criss Angel
	628	584	32 SPKE	UFC Unleashed		MANswers (N) (CC)		CSI: Crime Scene Invstgtn.		Star Trek: Voyager (CC)		Deep Space 9
	521	560	34 TLC	Lottery Changed My Life II		Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Lottery Changed My Life II		Jon & Kate
	616	522	39 SHO	Kink in Hair	Kink in Hair	Billable Hours	Billable Hours	Durham County (CC)		The Riches		House (CC)
	620	523	40 BVO	Arts & Minds	The Achievers	Law & Order "Divorce" (CC)		Without a Trace (CC)		The Man on the Train ★★★ (2002)		
	601	562	41 SLC	Inside Hollywood (CC)		X-Weighted "Sharla" (CC)		Work Out (CC)		Inside Hollywood (CC)		Trading Sp
	520	505	42 DIS	Mayday "Mixed Signals"		Daily Planet (CC)		MythBusters (CC)		Cash Cab	Factory Made	Mayday (CC)
	522	506	44 HIS	NCIS "Sandblast" (CC)		Cities of the Underworld		Captain Bligh Conspiracy		NCIS "Sandblast" (CC)		Crime Stories
	627	528	45 SPC	Ghost Hunters International		Stargate SG-1 "Reckoning"		Lost "Tabula Rasa" (CC)		Star Trek: Deep Space Nine		Star Trek
	294	650	47 TBS	House-Payne	House-Payne	Friends (CC)	Friends (CC)	Sex and-City	Sex and-City	Angel Eyes ★★ (2001) (PA) Jennifer Lopez.		
	619	525	48 TROP	Beverly Hills, 90210 (CC)		Reality	What	Family Guy	Seinfeld	Seinfeld	'70s Show	Family Guy
	603	561	52 FN	Italian Escape	Italian Escape	Challenge "Princess Cakes"		Iron Chef America (CC)		Italian Escape	Italian Escape	Challenge
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Lewis Black	RENO 911! (N)	Daily Show
	320	621	60 CEN	(5:45) The Brave One ★★		True Blood "Strange Love"		No Reservations ★★ (2007, Drama) (CC)			(:45) Eragon ★★ (2006) (CC)	
	581	566	101 MTV	Run's House	Buzzin (CC)	MTV Live	After	From G's to Gents (CC)		Run's House	Buzzin (CC)	MTV Live
	261	394	102 V	Enigma (CC)		Hope Island (CC)		Chambers	No Place Like	Darling Buds of May (CC)		Paid Program
	-	-	106 MUL	The Land	Daughters	Van. Nights	Iranian Pop	Sabor Latino		Hola Que Tal		Patrol World

critics' corner

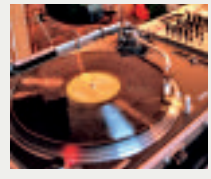
'Til Death

Call it guilt by association. When this series premiered, many saw it as just another stale sitcom about married life. That other sitcom is long gone, making it easier to get a fresh look at this show and see that Brad Garrett and Joely Fisher really do make beautiful, often discordant music together as a long-wed couple. Eddie Kaye Thomas and Kat Foster also star in the season premiere, "Speed Bumps." 3:30 PM on STR

Great Performances

One of opera's great voices was silenced a year ago this month when Luciano Pavarotti died at 71. The new episode "Pavarotti: A Life in Seven Arias" uses some of his most memorable performances as a framework to trace the legendary tenor's career. Of course, that includes the exquisite "Nessun Dorma" from Turandot, which became one of his signature arias. Fellow singers including Placido Domingo and Dame Joan Sutherland share their memories. 6 PM on PBS

going out



5:30 p.m. OMG It's Drag comedy show, with all proceeds benefiting The Aids Walk. At Oasis Ultra Lounge, 1240 Thurlow St. Tix: $25. Info: oasisvancouver.com.

8 p.m. Benefit show for Gabe Harris, featuring Carpenter, Fall of Summer, and Land and Aspirations. At the Media Club, 695 Cambie St. Tix: by donation, $12 minimum. Info: themediaclub.ca.

8 p.m. Janet Jackson's Rock Witchu Tour. At GM Place, 800 Griffiths Way. Tix: $49.75-$250. Info: janetjackson.com.

9 p.m. Good To Go Fall Launch Party, with DJs Rico Uno and Daryl O. At Caprice Nightclub, 967 Granville St. Info: goodtogovan.com.

IntelleVision

Rick McGinnis

WILL RETURN

Knightley has no interest in another Pirates role

Keira Knightley has no intention of starring in a new Pirates of the Caribbean movie. The actress, who has played Elizabeth Swann in three films in the franchise, admits even if producers ask her to reprise her role she would turn them down. FEMALEFIRST.CO.UK

What's hot on TV this fall

As the nights get cooler and the leaves start to drop, great prime-time TV is back

Here's what to watch on television in September.

CTV

The ladies of Seattle Grace. The new season of Grey's Anatomy debuts Sept. 25.

SATURDAY, SEPT. 13: SNL LAUNCHES 34TH SEASON

With politically minded Saturday Night Live bound to shine this year, the franchise has finally earned the honour NBC bestowed on Deal or No Deal and The Office: overexploitation. Next month, a batch of spinoff Thursday Night Live specials will zero in on the election. Bet on SNL alum Tina Fey returning to mimic her new doppelganger, Republican vice-presidential nominee Sarah Palin.

THURSDAY, SEPT. 18 SURVIVOR VERSUS HOLE IN THE WALL

Survivor on CBS will be challenged by the Japanese-inspired Hole, which could benefit from the success of ABC's similar Wipeout.

SUNDAY, SEPT. 21 EMMY AWARDS

A little basic cable network's period drama (Mad Men) might teach the big boys a thing or two about getting academy attention. The next day, broadcasters will console themselves when Emmy ratings are about the same as a little basic cable network's period drama. (Oh, and nobody will believe it when Howie Mandel wins for best reality host.)

MONDAY, SEPT. 22 NBC'S HEROES

This sci-fi hour is one of many returning shows whose previous season was derailed by the Hollywood writers strike. Now networks will get a sense of how much those eight months on the shelf really cost. Meanwhile, showrunners will blow their hard-fought new-media earnings on a bag of Skittles.

WEDNESDAY, SEPT. 24 CBS LAUNCHES WEDNESDAY COMEDY BLOCK

Introducing a new comedy called Worst Week during premiere week is not a good omen for CBS. But the network wants to open a second comedy block that includes Gary Unmarried, a Jay Mohr vehicle originally called Project Gary.

THURSDAY, SEPT. 25 GREY'S ANATOMY IS BACK

After Katherine Heigl withdrew herself from Emmy consideration because she was not given the material to warrant a nomination, speculation had it that the show's writers would get revenge on her character, Izzie, in this season's scripts. Showrunner Shonda Rhimes says there's no beef, but if Izzie trips in front of a steamroller, maybe they're miffed after all.

FRIDAY, SEPT. 26 MCCAIN VERSUS OBAMA

The debate, from the University of Mississippi, will be the first time voters can watch the two presidential candidates spar. Usually such affairs are aired as a wearisome network obligation, but considering that Barack Obama's Democratic nomination acceptance speech drew 38 million viewers, the typically depressed Friday night ratings likely will get their biggest spike since the Beijing Olympics.

SUNDAY, SEPT. 28 SHOWTIME SHOWS OFF

Showtime is gunning for its main rival, scheduling its returning hits Dexter and Californication up against HBO's new vampire drama True Blood and Entourage. Couldn't the network pick another night of the week besides Sunday?

REUTERS

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The Vancouver Sun

France Stars shine

FRANCOIS DURAND/GETTY IMAGES

Broken English actress Parker Posey, left, poses with actor Hal Hartley during the U.S. Film Festival yesterday in France.

Reeves gets his Day on Imax

IMAX Imax lost a muggle but has gained a space alien.

The giant-screen exhibitor will release Fox's remake of the sci-fi classic The Day the Earth Stood Still on Dec. 12 — the same day the Keanu Reeves movie opens in conventional theatres.

The news comes just weeks after Warner Brothers decided to bounce Harry Potter and the Half-Blood Prince — which had been set for a simultaneous Imax opening — from November to July.

The delay stunned Harry Potter fans, and also caught Imax a bit off guard.

Imax ticket sales have padded grosses on Warners' The Dark Knight by more than $55 million, but dozens of those 94 screens should become available soon. REUTERS

In brief

CASTING Alan Alda, Jeff Daniels, Mary-Louise Parker, David Strathairn and Paul Rudd are attached to join the beatnik biopic Howl. The 1950s-era feature focuses on the obscenity trial that sought to censor Allen Ginsberg's groundbreaking book-length poem. REUTERS

Boy for Bernal
Actor Gael Garcia Bernal and actress Dolores Fonzi are expecting a boy. "It's a chico! A boy!" he told People. **PEOPLE.COM**

Celebrity Buzz

Driver gives birth to boy

MOTHERHOOD Minnie Driver became a first-time mom to son Henry Story Driver, People.com reports her rep as saying.

The baby was born Friday in Los Angeles and weighed 9 lbs., 12 oz., rep Jessica Kolstad says.

Driver, 38, who has not revealed the identity of the father, has said that the dad will be involved in the baby's life.

"He's going to be a dad so, yeah, he's going to be there for the kid," she said. "I'm not getting married to this person and I don't know what's going to happen but everyone is cool about the situation."

As the new mom takes on her most important role yet, Driver says she is looking forward to simply observing and spending time with her child.

"Babies are endlessly fascinating to look at and I'm obsessed about their complete and utter lack of guile. I'm looking forward to seeing life through the eyes of my own kid."

She also says she plans on spending lots of time hanging out at the beach with her child.

"I love the ocean and this baby will probably be surfing and swimming before it can walk."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Kids changed Damon

CHILDREN Actor Matt Damon loves that he's become a dad again, because his new baby daughter has opened up his heart, imdb.com reports.

Damon's wife Luciana Barroso gave birth to the couple's second child, Gia Zavala Damon, last month.

"It probably influences me in ways I'm not even aware of," Damon said. "I think certainly once you have kids it's hard not to see your child in every other child that you meet. And when you see the way a lot of children live in the world it makes you very angry as a parent."

METRO NEWS SERVICES

ENZA SUPERMODEL/FOR METRO CANADA

celebrity brief

Barton gets hair fashion line

PEOPLE Actress Mischa Barton is to launch her own range of hair accessories, imdb.com reports.

The former The O.C. star has teamed up with accessories designer Stacey Lapidus on a line called Mischa Barton for Stacey Lapidus. Barton's range of headbands will be made from materials including silk, feathers, crystals and pearls.

METRO NEWS SERVICES

celebrity brief

Child star points blame at family

HEALTH Former child star Corey Feldman blames his parents for pushing him into acting at an early age, and reportedly holds them responsible for his troubled life, imdb.com reports.

"It wasn't the industry's fault, it was my parents' — they should have been more responsible and laid the groundwork for me to build a healthy adult life," Feldman says. "I was 17 and already I'd become a joke to some people."

METRO NEWS SERVICES

O'Connell sorry for gaffe

RELATIONSHIPS Jerry O'Connell admits he made a big mistake, People.com reports.

The star of the new sitcom Do Not Disturb is apologizing to wife Rebecca Romijn — who is pregnant with twin girls — for joking about her size when he appeared on a late-night talk show recently.

"I regret calling my wife 'huge' on Conan O'Brien," O'Connell says. "I meant to say that there are specific areas of my wife that are larger than normal and growing every day. All other portions of my wife are quite petite. I apologize to her and will be coming home with flowers."

O'Connell, 34, and Romijn, 36, who will appear on Ugly Betty again this fall, expect their daughters this winter. METRO NEWS SERVICES

celebrity brief

Simpson excited for pregnant sis

FAMILY Jessica Simpson can't wait for her sister Ashlee to give birth, usmagazine.com reports.

"I'm going to spoil the kid rotten, that's for sure," she says. "I think my sister's going to be pretty strict, actually, because she's been so good throughout her pregnancy." METRO NEWS SERVICES

"This makes no sense at all..."

by Joe O'Neill

Jerry O'Connell says he made a big mistake on **Conan O'Brien**'s show when he joked about the size of **Rebecca Romijn**, who is expecting the couple's twins.

This statement shows Jerry is a master of the understatement. Apparently, his Secret Identity is being a huge idiot. It's hard to believe anyone with such a poor grasp of the female psyche ever got close enough to one to get her pregnant.

Jerry needs to read the pregnancy book I wrote especially for celebrity fathers-to-be. It's called Celebspawn: Anticipating the Arrival of Your Craven Publicist's Future Pawns. In it, Jerry will learn many women are apt to feel self-conscious about their size while pregnant, and may be sensitive to remarks you make about it on, say, national television. He will learn nicknames like Goodyear, Earthball and H.R. Puffinstuff are rarely appreciated. He'll learn the three stages of celebrity pregnancy are gestation, childbirth, and negotiation with People Magazine for the photo rights. And lastly, Jerry will learn that if he doesn't let her cool down, the flowers he brings home will also be his dinner. I believe it was Shakespeare who wrote, "Hell hath no fury like a pregnant woman mocked on Conan."

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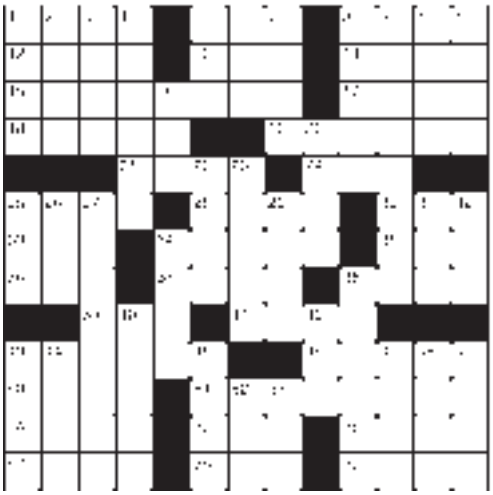
George not godfather material?
Brad Pitt is shooting down rumours that fellow actor George Clooney is the godfather of his twins Knox and Vivienne. "No, he hates children," Pitt joked to Extra. USMAGAZINE.COM

Take Five



Crossword down

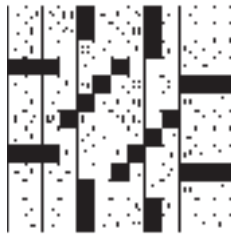
1 Probability
2 Bride's accessory
3 Otherwise
4 Well
5 Auto
6 Affix
7 Fence part
8 Perfect
9 Reveal
10 Sea eagle
11 Progeny
16 Mimic
20 Start over
22 Yellow-flowered shrub
23 Dark, as twilight
25 Big fib
26 Intend
27 Find
29 Reverberate
31 Teensy
32 Toddler's perch
34 "Consarn it!"
38 Facial growths
40 Biscotti flavor
42 Fabled flier
43 Run-down part of the city
44 Mexican money
45 Advantage
47 Blue shade
48 Blood (Pref.)
49 Flight component
52 Squid fluid
53 Seek damages

Find today's answer and play more games online at metronews.ca

Crossword across

1 Microwave, e.g.
5 Upper limit
8 Mid-month date
12 Sandwich shop
13 Ruckus
14 Catastrophic
15 Tosses out
17 Slave to crosswords?
18 Insomniac's need
19 Found the source of
21 Unchaste
24 Right angle
25 "— and the Tramp"
28 Coloured
30 One who gives a hoot?
33 Midafternoon, on a sundial
34 "Saturday Night Fever" venue
35 Vast expanse
36 Type squares
37 Egyptian cross
38 Honk
39 Sardines container
41 Bygone times
43 Moocher
46 Dirty words
50 Jeans-maker Strauss
51 Unobtrusive
54 Works with
55 Wildebeest
56 Knighted woman
57 Oliver Twist's request
58 — out a living
59 Feed the hogs

previous day's answer



Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Make a decision and you stand your ground. A new adventure will be a no-win situation. A naive person will be getting ahead.

TAURUS ♉
APRIL 21-MAY 21
Snooping and sarcasm will cause problems. Flee when a finicky man gets into a snit. A woman reveals some pleasant news.

GEMINI ♊
MAY 22-JUNE 21
Management won't allow you to be too thrilling. An anxious person will be very annoying. When you want something enough, you'll grab it.

CANCER ♋
JUNE 22-JULY 22
Ancient wisdom will come in handy. A missing object is responsible for painful memories. Seek guidance when a relationship causes turmoil.

LEO ♌
JULY 23-AUG 23
Somebody's diplomatic tactics will be tested. Only you can manage a visionary idea. An elder will surface after spending time with a friend.

VIRGO ♍
AUG 24-SEPT 22
There'll be happy hours spent with strangers. Your chances of making a fresh start will increase. You'll be flustered when a remark is overheard.

LIBRA ♎
SEPT 23-OCT 23
A no-win situation will bite the dust. A buddy's loyalty will give you strength. An adversary will get aggravated dealing with a challenge.

SCORPIO ♏
OCT 24- NOV 22
A cynic plans to make a significant move. A woman feels confused by a needy person. A game player just can't be changed.

SAGITTARIUS ♐
NOV 23- DEC 21
Something confidential will be blurted out. A friend is getting special treatment. Someone will learn from a bad example.

CAPRICORN ♑
DEC 22-JAN 20
Obey the dictates of your conscience. Set out your talents for the whole world to see. Be polite when asked for your opinion.

AQUARIUS ♒
JAN 21-FEB 18
Your natural traits will bring in a surprise. Intense moments are shared with a friend. Cherish today and don't worry about tomorrow.

PISCES ♓
FEB 19-MAR 20
Concentrate on a avoiding a stumbling block. You'll attract attention when you take a rest. Make plans to get help when a visitor arrives.

This day in history

SEPT. 10, 1813: The U.S. defeats the British Fleet at the Battle of Lake Erie during the War of 1812.
SEPT. 10, 1846: Elias Howe gets a patent for the sewing machine.
SEPT. 10, 1919: Austria and the Allies sign the Treaty of Saint-Germain recognizing the independence of Poland, Hungary, Czechoslovakia and Yugoslavia.
SEPT. 10, 1939: Canada declares war on Nazi Germany, joining France, the U.K., New Zealand and Australia in the Allies.
SEPT. 10, 1963: Twenty African-American students enter public schools in Alabama.
SEPT. 10, 2008: The first attempt at circulating a beam through the Large Hadron Collider is scheduled to take place.

METRO NEWS SERVICES

Sudoku

		5				6	8	
6	8						7	
			9		8	5		
		7			5	9		8
			1		4			
9		1	2			3		
		4	3		1			
	1						9	3
	2	6				7		

HOW TO PLAY SUDOKU:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

8	2	3	4	5	6	9	7	1
9	4	1	8	7	2	5	3	6
7	5	6	1	3	9	2	4	8
1	6	2	5	4	7	3	8	9
5	3	9	2	8	1	4	6	7
4	8	7	6	9	3	1	5	2
6	1	4	7	2	5	8	9	3
2	9	8	3	6	4	7	1	5
3	7	5	9	1	8	6	2	4

SUDOKU SOLVE TIME:
Under 13 min . . . . . Genius
13-17 min . . . . . Scholar
17-21 min . . . . . Smart
21-25 min . . . . . Not bad
25+ min . . . . Keep practising

Today's answer and play more games at metronews.ca

Vancouver weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Thursday	Friday	Saturday
Sunny. 21°	Clear. Low 12°	Sunny. 20°/ 11°	Sunny. 18°/ 12°	Sunny. 19°/ 12°

Temperature
Normals
High: 19.6°
Low: 11°

Records
High: 26.1°/1944
Low: 5.6°/1964

Sunrise: 6:42 a.m.
Sunset: 7:35 p.m.
Moonset: 1:03 a.m.
Moonrise: 5:45 p.m.

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INCLUDES 10-night Royal Caribbean cruise and onboard meals & entertainment. Sail roundtrip from Miami and visit Aruba, Cartagena, Panama Canal, Puerto Limon and Grand Cayman. Price includes port charges. **UPGRADE** to oceanview stateroom from $31 per day.

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Punta Cana 4-Star FROM **$789**
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. **UPGRADE** to 5-star accom from $30 per night.

Sunquest

Holidays

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Frankfurt 4-Star FROM **$379**
INCLUDES roundtrip airfare and your first 2 nights 4-star central accom with breakfast. **ADD** Rhine Valley cruise & wine tasting from $128.

Palm Springs 4-Star FROM **$479**
INCLUDES roundtrip airfare, 3 nights 4-star accom and a car rental with unlimited mileage. **ADD** aerial tramway pass from $24.

San Francisco 4-Star FROM **$499**
INCLUDES roundtrip airfare, transfers and 3 nights 4-star accom at Fisherman's Wharf. **ADD** cable car tour with bay cruise from $49.

London 3-Star FROM **$679**
INCLUDES roundtrip airfare and the first 2 nights 3-star central accom with breakfast. **ADD** 4-day Britrail Flexipass from $262.

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